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PROBLEMS OF POPULARIZATION TRP COMPLEX AMONG YOUNG PEOPLE

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Summary: The aim of the study is to find out the proportion of high school students who pass and do not pass the TRP complex, as well as to identify specific reasons for students who are not going to fulfill the standards. For this, we conducted a survey among 11 grades of the city of Kazan, according to the results of which we found out the reasons why many neglect to get additional points when entering a university. A large proportion of the respondents, in one way or another, consider they not physically prepared for these loads, and also not ready to spend their time and energy on these tests. Thus, according to the results of the survey, we came to the conclusion that the TRP complex needs to be popularized among adolescents and qualified assistance from physical education teachers. **Key words:** TRP complex, students, interviewees, physical qualities, standards.

Introduction. The relevance of the study is due to statistical data showing that 1.4 million people in Russia passed the TRP complex in 2018 [16 2]. However, this number includes different age groups of people, from 6 years old and up. Given this fact, we can say that the number of schoolchildren, namely grade 11 students passing the TRP complex, is lower than it could be, since the number of adolescents passing the USE at the time of 2018 was 730 thousand people [3, 4].

Purpose of the research: to find out the reasons why schoolchildren refuse to do the TRP complex.

Results of the research and their discussion. This fact aroused our interest, so we conducted a survey among high school students 17-18 years old to find out whether they are going to take the TRP complex. Among 54 interviewed students of the city of Kazan, only 9 people are going to pass tests to receive a badge. The greatest interest in our study is caused precisely by those students who do not pass the TRP. We asked each of them why they were not going to do it. Consider the results obtained.

22% of respondents believe that having a TRP badge gives them very few points for admission to the university. They believe that 1 extra point is not worth the time spent preparing and passing the standards. Indeed, the TRP sign gives on average 2 points to the USE results when entering the university. The highest possible score is 10, but these are institutions with a physical culture bias, so the future student of this institution will in any case be physically developed and