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ROLE OF SPORTS SECTIONS AND THE TRAINER IN THE HARMONIOUS DEVELOPMENT OF THE STUDENT

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Summary. This article tells about children visiting sports sections as additional education and the development of physical fitness. It also describes the pedagogical qualities necessary for the teacher to improve the quality of training and the formation of a psychologically healthy and comprehensively developed child. **Key words:** attend sections, students, school, trainer, functions.

Introduction. Today, a large number of schoolchildren attend sections of various orientations. According to statistics, 79% children do extracurricular activities. Of these, 78% go to sports classes [2]. Consequently, most students spend several hours a week in a new social group and a new teacher-trainer. Therefore, the role of the coach and his pedagogical skills play an important role in the formation of personality and that's why this topic is still **relevant**.

Purpose of the research: to find out what proportion of schoolchildren attend sports sections, as well as the ways of the coach's pedagogical influence on the trainees.

Results of the research and their discussion. To study the issue of popularizing sports clubs among schoolchildren, we interviewed parents of 2nd grade pupils of school No. 35. According to the survey results, 72% of respondents have children at least one club. However, only 56% of them attend sports sections, the rest go to creative circles (drawing, singing, playing musical instruments) and training sessions (language courses, playing chess, additional subject courses). In connection with the current problem of the spread of physical inactivity among schoolchildren, the question of attending sports clubs is extremely acute [1, 2, 3].

At school age, physical inactivity is usually associated with an irrational daily routine of the child, with an overload of his studies. Children sit for a long time. At school, at least 4 hours or more, and then at home the same amount (preparing homework, playing computer games, watching TV). According to statistics, 10-16% of schoolchildren in schools are exempted from physical education lessons. When such children are questioned, it turns out that they spend little time in the fresh air and move a little. A lot of people sit in front of the computer, go to bed late [4, 5, 6].

Therefore, it is very important to attract students to sports sections in various sports. The