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, 25 - 28 2022

20 , 800m
26.10.2022 - 12:56

: FINA 2021

							R.T.			FINA
1.	2001						+0,83	8:35.90	802	
	25m: 14.57	14.57	225m: 2:24.38	16.34	425m: 4:34.71	16.38	625m: 6:45.61	16.26		
	50m: 30.62	16.05	250m: 2:40.70	16.32	450m: 4:51.05	16.34	650m: 7:01.76	16.15		
	75m: 46.88	16.26	275m: 2:56.99	16.29	475m: 5:07.49	16.44	675m: 7:18.00	16.24		
	100m: 1:03.00	16.12	300m: 3:13.29	16.30	500m: 5:23.84	16.35	700m: 7:34.08	16.08		
	125m: 1:19.29	16.29	325m: 3:29.74	16.45	525m: 5:40.30	16.46	725m: 7:50.18	16.10		
	150m: 1:35.45	16.16	350m: 3:46.06	16.32	550m: 5:56.53	16.23	750m: 8:06.05	15.87		
	175m: 1:51.74	16.29	375m: 4:02.27	16.21	575m: 6:12.99	16.46	775m: 8:21.35	15.30		
	200m: 2:08.04	16.30	400m: 4:18.33	16.06	600m: 6:29.35	16.36	800m: 8:35.90	14.55		
2.	2007						+0,87	8:36.34	800	
	25m: 14.68	14.68	225m: 2:24.76	16.44	425m: 4:34.77	16.56	625m: 6:45.53	16.29		
	50m: 30.67	15.99	250m: 2:40.80	16.04	450m: 4:51.02	16.25	650m: 7:01.77	16.24		
	75m: 46.95	16.28	275m: 2:57.28	16.48	475m: 5:07.47	16.45	675m: 7:17.96	16.19		
	100m: 1:03.17	16.22	300m: 3:13.50	16.22	500m: 5:23.71	16.24	700m: 7:34.09	16.13		
	125m: 1:19.68	16.51	325m: 3:29.92	16.42	525m: 5:40.25	16.54	725m: 7:50.42	16.33		
	150m: 1:35.79	16.11	350m: 3:45.91	15.99	550m: 5:56.56	16.31	750m: 8:06.24	15.82		
	175m: 1:52.11	16.32	375m: 4:01.99	16.08	575m: 6:12.90	16.34	775m: 8:21.75	15.51		
	200m: 2:08.32	16.21	400m: 4:18.21	16.22	600m: 6:29.24	16.34	800m: 8:36.34	14.59		
3.	2004						+0,80	8:47.22	751	
	25m: 14.82	14.82	225m: 2:24.70	16.22	425m: 4:35.62	16.48	625m: 6:48.90	16.76		
	50m: 30.75	15.93	250m: 2:41.03	16.33	450m: 4:52.12	16.50	650m: 7:05.97	17.07		
	75m: 46.86	16.11	275m: 2:57.29	16.26	475m: 5:08.75	16.63	675m: 7:22.90	16.93		
	100m: 1:03.12	16.26	300m: 3:13.60	16.31	500m: 5:25.36	16.61	700m: 7:40.13	17.23		
	125m: 1:19.33	16.21	325m: 3:29.96	16.36	525m: 5:41.98	16.62	725m: 7:57.01	16.88		
	150m: 1:35.74	16.41	350m: 3:46.27	16.31	550m: 5:58.67	16.69	750m: 8:14.22	17.21		
	175m: 1:52.07	16.33	375m: 4:02.69	16.42	575m: 6:15.37	16.70	775m: 8:30.91	16.69		
	200m: 2:08.48	16.41	400m: 4:19.14	16.45	600m: 6:32.14	16.77	800m: 8:47.22	16.31		
4.	2008						+0,75	8:52.52	729	
	25m: 14.62	14.62	225m: 2:25.51	16.43	425m: 4:39.27	16.98	625m: 6:54.44	17.15		
	50m: 30.45	15.83	250m: 2:42.03	16.52	450m: 4:55.94	16.67	650m: 7:11.23	16.79		
	75m: 46.62	16.17	275m: 2:58.43	16.40	475m: 5:12.96	17.02	675m: 7:28.37	17.14		
	100m: 1:02.95	16.33	300m: 3:14.86	16.43	500m: 5:29.78	16.82	700m: 7:45.22	16.85		
	125m: 1:19.31	16.36	325m: 3:31.78	16.92	525m: 5:46.86	17.08	725m: 8:02.42	17.20		
	150m: 1:35.94	16.63	350m: 3:48.61	16.83	550m: 6:03.61	16.75	750m: 8:19.44	17.02		
	175m: 1:52.28	16.34	375m: 4:05.41	16.80	575m: 6:20.52	16.91	775m: 8:36.74	17.30		
	200m: 2:09.08	16.80	400m: 4:22.29	16.88	600m: 6:37.29	16.77	800m: 8:52.52	15.78		
5.	2003						+0,84	8:55.63	716	
	25m: 14.41	14.41	225m: 2:26.50	16.62	425m: 4:40.81	17.01	625m: 6:56.75	17.25		
	50m: 30.30	15.89	250m: 2:43.01	16.51	450m: 4:57.61	16.80	650m: 7:14.38	17.63		
	75m: 46.93	16.63	275m: 2:59.97	16.96	475m: 5:14.59	16.98	675m: 7:31.67	17.29		
	100m: 1:03.49	16.56	300m: 3:16.79	16.82	500m: 5:31.66	17.07	700m: 7:48.62	16.95		
	125m: 1:20.09	16.60	325m: 3:33.44	16.65	525m: 5:48.59	16.93	725m: 8:05.51	16.89		
	150m: 1:36.70	16.61	350m: 3:50.15	16.71	550m: 6:05.43	16.84	750m: 8:22.51	17.00		
	175m: 1:53.40	16.70	375m: 4:07.04	16.89	575m: 6:22.58	17.15	775m: 8:39.66	17.15		
	200m: 2:09.88	16.48	400m: 4:23.80	16.76	600m: 6:39.50	16.92	800m: 8:55.63	15.97		



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						R.T.			FINA			
6.	2008					+0,84			9:02.99			687
	25m:	15.29	15.29	225m:	2:30.08	17.30	425m:	4:47.05	17.17	625m:	7:04.51	17.32
	50m:	31.62	16.33	250m:	2:47.01	16.93	450m:	5:04.24	17.19	650m:	7:21.76	17.25
	75m:	48.15	16.53	275m:	3:04.21	17.20	475m:	5:21.25	17.01	675m:	7:38.94	17.18
	100m:	1:05.01	16.86	300m:	3:21.38	17.17	500m:	5:38.54	17.29	700m:	7:56.38	17.44
	125m:	1:21.84	16.83	325m:	3:38.56	17.18	525m:	5:55.80	17.26	725m:	8:13.26	16.88
	150m:	1:39.05	17.21	350m:	3:55.67	17.11	550m:	6:12.94	17.14	750m:	8:30.21	16.95
	175m:	1:56.01	16.96	375m:	4:12.88	17.21	575m:	6:30.07	17.13	775m:	8:47.00	16.79
	200m:	2:12.78	16.77	400m:	4:29.88	17.00	600m:	6:47.19	17.12	800m:	9:02.99	15.99
7.	2005					+0,82			9:10.39			660
	25m:	15.09	15.09	225m:	2:29.48	17.03	425m:	4:47.61	17.30	625m:	7:08.51	17.68
	50m:	31.34	16.25	250m:	2:46.61	17.13	450m:	5:04.93	17.32	650m:	7:25.91	17.40
	75m:	48.11	16.77	275m:	3:03.77	17.16	475m:	5:22.63	17.70	675m:	7:43.78	17.87
	100m:	1:04.66	16.55	300m:	3:21.26	17.49	500m:	5:40.22	17.59	700m:	8:01.29	17.51
	125m:	1:21.82	17.16	325m:	3:38.61	17.35	525m:	5:57.76	17.54	725m:	8:18.99	17.70
	150m:	1:38.48	16.66	350m:	3:55.78	17.17	550m:	6:15.18	17.42	750m:	8:36.62	17.63
	175m:	1:55.39	16.91	375m:	4:13.11	17.33	575m:	6:33.19	18.01	775m:	8:54.09	17.47
	200m:	2:12.45	17.06	400m:	4:30.31	17.20	600m:	6:50.83	17.64	800m:	9:10.39	16.30
8.	2007					+0,78			9:15.43			642
	25m:	14.62	14.62	225m:	2:31.56	17.34	425m:	4:51.83	17.51	625m:	7:13.38	17.81
	50m:	30.91	16.29	250m:	2:48.96	17.40	450m:	5:09.57	17.74	650m:	7:31.07	17.69
	75m:	47.76	16.85	275m:	3:06.62	17.66	475m:	5:27.26	17.69	675m:	7:48.92	17.85
	100m:	1:04.89	17.13	300m:	3:24.27	17.65	500m:	5:44.95	17.69	700m:	8:06.63	17.71
	125m:	1:22.05	17.16	325m:	3:41.74	17.47	525m:	6:02.65	17.70	725m:	8:24.06	17.43
	150m:	1:39.37	17.32	350m:	3:59.21	17.47	550m:	6:20.35	17.70	750m:	8:41.81	17.75
	175m:	1:56.76	17.39	375m:	4:16.78	17.57	575m:	6:38.02	17.67	775m:	8:59.12	17.31
	200m:	2:14.22	17.46	400m:	4:34.32	17.54	600m:	6:55.57	17.55	800m:	9:15.43	16.31
9.	2008					+0,87			9:15.82			641
	25m:	15.30	15.30	225m:	2:34.39	17.83	425m:	4:55.56	17.51	625m:	7:15.61	17.64
	50m:	31.90	16.60	250m:	2:52.07	17.68	450m:	5:13.14	17.58	650m:	7:33.01	17.40
	75m:	49.06	17.16	275m:	3:09.74	17.67	475m:	5:31.04	17.90	675m:	7:50.56	17.55
	100m:	1:06.35	17.29	300m:	3:27.59	17.85	500m:	5:48.39	17.35	700m:	8:08.16	17.60
	125m:	1:23.87	17.52	325m:	3:44.75	17.16	525m:	6:05.80	17.41	725m:	8:26.05	17.89
	150m:	1:41.34	17.47	350m:	4:02.73	17.98	550m:	6:23.09	17.29	750m:	8:43.92	17.87
	175m:	1:58.87	17.53	375m:	4:20.27	17.54	575m:	6:40.55	17.46	775m:	9:00.06	16.14
	200m:	2:16.56	17.69	400m:	4:38.05	17.78	600m:	6:57.97	17.42	800m:	9:15.82	15.76
10.	2007					+0,67			9:17.79			634
	25m:	14.45	14.45	225m:	2:33.97	17.90	425m:	4:54.29	17.31	625m:	7:16.47	17.55
	50m:	31.19	16.74	250m:	2:51.54	17.57	450m:	5:12.14	17.85	650m:	7:34.16	17.69
	75m:	48.72	17.53	275m:	3:09.40	17.86	475m:	5:29.88	17.74	675m:	7:51.95	17.79
	100m:	1:06.14	17.42	300m:	3:26.97	17.57	500m:	5:47.64	17.76	700m:	8:09.58	17.63
	125m:	1:23.65	17.51	325m:	3:44.67	17.70	525m:	6:05.38	17.74	725m:	8:27.06	17.48
	150m:	1:41.14	17.49	350m:	4:02.66	17.99	550m:	6:23.43	18.05	750m:	8:44.60	17.54
	175m:	1:58.97	17.83	375m:	4:19.76	17.10	575m:	6:41.12	17.69	775m:	9:01.56	16.96
	200m:	2:16.07	17.10	400m:	4:36.98	17.22	600m:	6:58.92	17.80	800m:	9:17.79	16.23



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					R.T.				FINA		
11.	2005				+0,85				9:18.81		631
	25m: 15.02	15.02	225m: 2:34.69	17.92	425m: 4:55.80	17.34	625m: 7:16.27	17.34			
	50m: 31.87	16.85	250m: 2:52.27	17.58	450m: 5:12.90	17.10	650m: 7:33.92	17.65			
	75m: 49.23	17.36	275m: 3:10.02	17.75	475m: 5:30.35	17.45	675m: 7:51.92	18.00			
	100m: 1:06.46	17.23	300m: 3:27.76	17.74	500m: 5:47.94	17.59	700m: 8:09.77	17.85			
	125m: 1:24.14	17.68	325m: 3:45.56	17.80	525m: 6:05.63	17.69	725m: 8:27.85	18.08			
	150m: 1:41.79	17.65	350m: 4:03.02	17.46	550m: 6:23.25	17.62	750m: 8:45.10	17.25			
	175m: 1:59.31	17.52	375m: 4:20.74	17.72	575m: 6:41.09	17.84	775m: 9:02.38	17.28			
	200m: 2:16.77	17.46	400m: 4:38.46	17.72	600m: 6:58.93	17.84	800m: 9:18.81	16.43			
12.	2008				+0,76				9:18.96		630
	25m: 14.99	14.99	225m: 2:33.92	17.65	425m: 4:54.48	17.38	625m: 7:17.33	17.90			
	50m: 31.54	16.55	250m: 2:51.32	17.40	450m: 5:12.61	18.13	650m: 7:35.40	18.07			
	75m: 48.54	17.00	275m: 3:08.88	17.56	475m: 5:30.45	17.84	675m: 7:52.57	17.17			
	100m: 1:05.91	17.37	300m: 3:26.51	17.63	500m: 5:48.18	17.73	700m: 8:10.90	18.33			
	125m: 1:23.34	17.43	325m: 3:43.99	17.48	525m: 6:05.81	17.63	725m: 8:28.84	17.94			
	150m: 1:40.89	17.55	350m: 4:01.85	17.86	550m: 6:23.83	18.02	750m: 8:46.30	17.46			
	175m: 1:58.36	17.47	375m: 4:19.30	17.45	575m: 6:41.62	17.79	775m: 9:02.93	16.63			
	200m: 2:16.27	17.91	400m: 4:37.10	17.80	600m: 6:59.43	17.81	800m: 9:18.96	16.03			
13.	2006				+0,95				9:18.99		630
	25m: 15.17	15.17	225m: 2:32.88	17.49	425m: 4:54.20	17.64	625m: 7:16.56	17.69			
	50m: 31.74	16.57	250m: 2:50.64	17.76	450m: 5:11.88	17.68	650m: 7:34.60	18.04			
	75m: 48.67	16.93	275m: 3:08.18	17.54	475m: 5:29.52	17.64	675m: 7:52.27	17.67			
	100m: 1:05.92	17.25	300m: 3:25.93	17.75	500m: 5:47.63	18.11	700m: 8:10.10	17.83			
	125m: 1:23.12	17.20	325m: 3:43.67	17.74	525m: 6:05.25	17.62	725m: 8:27.78	17.68			
	150m: 1:40.56	17.44	350m: 4:01.41	17.74	550m: 6:23.06	17.81	750m: 8:45.43	17.65			
	175m: 1:57.94	17.38	375m: 4:18.80	17.39	575m: 6:40.89	17.83	775m: 9:02.67	17.24			
	200m: 2:15.39	17.45	400m: 4:36.56	17.76	600m: 6:58.87	17.98	800m: 9:18.99	16.32			
14.	2007				+0,78				9:20.77		624
	25m: 15.03	15.03	225m: 2:32.74	17.67	425m: 4:55.08	17.83	625m: 7:17.28	17.71			
	50m: 31.46	16.43	250m: 2:50.47	17.73	450m: 5:12.66	17.58	650m: 7:35.27	17.99			
	75m: 48.33	16.87	275m: 3:08.22	17.75	475m: 5:30.31	17.65	675m: 7:53.39	18.12			
	100m: 1:05.32	16.99	300m: 3:26.08	17.86	500m: 5:48.07	17.76	700m: 8:11.24	17.85			
	125m: 1:22.71	17.39	325m: 3:43.89	17.81	525m: 6:06.10	18.03	725m: 8:29.31	18.07			
	150m: 1:40.22	17.51	350m: 4:01.69	17.80	550m: 6:23.85	17.75	750m: 8:46.99	17.68			
	175m: 1:57.77	17.55	375m: 4:19.37	17.68	575m: 6:41.69	17.84	775m: 9:04.13	17.14			
	200m: 2:15.07	17.30	400m: 4:37.25	17.88	600m: 6:59.57	17.88	800m: 9:20.77	16.64			
15.	2006				+0,79				9:22.25		619
	25m: 14.87	14.87	225m: 2:32.37	17.56	425m: 4:54.29	17.94	625m: 7:19.91	17.92			
	50m: 31.05	16.18	250m: 2:49.95	17.58	450m: 5:12.48	18.19	650m: 7:37.96	18.05			
	75m: 47.81	16.76	275m: 3:07.30	17.35	475m: 5:30.49	18.01	675m: 7:56.11	18.15			
	100m: 1:05.04	17.23	300m: 3:24.91	17.61	500m: 5:48.68	18.19	700m: 8:14.36	18.25			
	125m: 1:22.36	17.32	325m: 3:42.57	17.66	525m: 6:06.91	18.23	725m: 8:32.48	18.12			
	150m: 1:39.75	17.39	350m: 4:00.53	17.96	550m: 6:25.41	18.50	750m: 8:50.38	17.90			
	175m: 1:57.30	17.55	375m: 4:18.36	17.83	575m: 6:43.77	18.36	775m: 9:06.49	16.11			
	200m: 2:14.81	17.51	400m: 4:36.35	17.99	600m: 7:01.99	18.22	800m: 9:22.25	15.76			



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20, , 800m

						R.T.					FINA
16.	2005					+0,78 9:23.74					614
	25m: 14.39	14.39	225m: 2:32.09	17.97	425m: 4:53.44	17.55	625m: 7:17.94	17.74			
	50m: 30.87	16.48	250m: 2:49.92	17.83	450m: 5:11.45	18.01	650m: 7:36.14	18.20			
	75m: 47.46	16.59	275m: 3:07.46	17.54	475m: 5:29.22	17.77	675m: 7:55.17	19.03			
	100m: 1:04.73	17.27	300m: 3:25.37	17.91	500m: 5:47.62	18.40	700m: 8:13.58	18.41			
	125m: 1:21.94	17.21	325m: 3:42.75	17.38	525m: 6:05.26	17.64	725m: 8:31.10	17.52			
	150m: 1:39.37	17.43	350m: 4:00.57	17.82	550m: 6:23.06	17.80	750m: 8:49.01	17.91			
	175m: 1:56.71	17.34	375m: 4:18.16	17.59	575m: 6:41.64	18.58	775m: 9:06.59	17.58			
	200m: 2:14.12	17.41	400m: 4:35.89	17.73	600m: 7:00.20	18.56	800m: 9:23.74	17.15			
17.	2007					+0,86 9:25.96					607
	25m: 14.75	14.75	225m: 2:34.90	17.64	425m: 4:58.96	18.12	625m: 7:22.97	18.10			
	50m: 31.55	16.80	250m: 2:52.99	18.09	450m: 5:17.20	18.24	650m: 7:41.00	18.03			
	75m: 48.65	17.10	275m: 3:11.21	18.22	475m: 5:35.00	17.80	675m: 7:58.99	17.99			
	100m: 1:06.13	17.48	300m: 3:29.36	18.15	500m: 5:53.14	18.14	700m: 8:17.10	18.11			
	125m: 1:23.67	17.54	325m: 3:47.15	17.79	525m: 6:10.89	17.75	725m: 8:34.72	17.62			
	150m: 1:41.44	17.77	350m: 4:05.23	18.08	550m: 6:28.90	18.01	750m: 8:52.52	17.80			
	175m: 1:59.26	17.82	375m: 4:22.83	17.60	575m: 6:46.78	17.88	775m: 9:09.52	17.00			
	200m: 2:17.26	18.00	400m: 4:40.84	18.01	600m: 7:04.87	18.09	800m: 9:25.96	16.44			
18.	2009 1					+0,80 9:25.98					607
	25m: 15.34	15.34	225m: 2:34.56	17.76	425m: 4:57.17	18.16	625m: 7:21.32	18.28			
	50m: 32.11	16.77	250m: 2:52.04	17.48	450m: 5:14.90	17.73	650m: 7:39.33	18.01			
	75m: 49.37	17.26	275m: 3:09.80	17.76	475m: 5:33.01	18.11	675m: 7:57.51	18.18			
	100m: 1:06.67	17.30	300m: 3:27.61	17.81	500m: 5:51.09	18.08	700m: 8:15.40	17.89			
	125m: 1:24.04	17.37	325m: 3:45.39	17.78	525m: 6:09.02	17.93	725m: 8:33.53	18.13			
	150m: 1:41.45	17.41	350m: 4:03.41	18.02	550m: 6:26.93	17.91	750m: 8:51.22	17.69			
	175m: 1:59.25	17.80	375m: 4:21.34	17.93	575m: 6:45.01	18.08	775m: 9:09.27	18.05			
	200m: 2:16.80	17.55	400m: 4:39.01	17.67	600m: 7:03.04	18.03	800m: 9:25.98	16.71			
19.	2004					+0,62 9:26.30					606
	25m: 14.79	14.79	225m: 2:34.17	17.70	450m: 5:15.74	18.15	650m: 7:40.42	18.23			
	50m: 31.29	16.50	250m: 2:52.16	17.99	475m: 5:33.75	18.01	675m: 7:57.96	17.54			
	75m: 48.17	16.88	275m: 3:09.92	17.76	500m: 5:51.81	18.06	700m: 8:16.15	18.19			
	100m: 1:05.69	17.52	300m: 3:28.05	18.13	525m: 6:09.78	17.97	725m: 8:34.10	17.95			
	125m: 1:23.25	17.56	325m: 3:45.97	17.92	550m: 6:28.07	18.29	750m: 8:52.06	17.96			
	150m: 1:40.89	17.64	350m: 4:03.83	17.86	575m: 6:46.09	18.02	775m: 9:09.67	17.61			
	175m: 1:58.52	17.63	400m: 4:39.83	36.00	600m: 7:04.39	18.30	800m: 9:26.30	16.63			
	200m: 2:16.47	17.95	425m: 4:57.59	17.76	625m: 7:22.19	17.80					
20.	2007					+0,72 9:28.57					599
	25m: 14.41	14.41	225m: 2:35.10	17.97	425m: 4:58.87	17.99	625m: 7:23.77	18.04			
	50m: 30.77	16.36	250m: 2:52.92	17.82	450m: 5:16.84	17.97	650m: 7:41.71	17.94			
	75m: 48.13	17.36	275m: 3:11.02	18.10	475m: 5:34.84	18.00	675m: 7:59.99	18.28			
	100m: 1:05.86	17.73	300m: 3:29.00	17.98	500m: 5:52.92	18.08	700m: 8:18.20	18.21			
	125m: 1:23.77	17.91	325m: 3:46.75	17.75	525m: 6:11.02	18.10	725m: 8:36.74	18.54			
	150m: 1:41.42	17.65	350m: 4:04.84	18.09	550m: 6:29.31	18.29	750m: 8:55.00	18.26			
	175m: 1:59.22	17.80	375m: 4:22.79	17.95	575m: 6:47.56	18.25	775m: 9:12.30	17.30			
	200m: 2:17.13	17.91	400m: 4:40.88	18.09	600m: 7:05.73	18.17	800m: 9:28.57	16.27			



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						R.T.					FINA												
21.	2005					+0,82 9:31.35					590												
25m:	15.05	15.05	225m:	2:34.09	17.89	425m:	4:57.47	18.62	625m:	7:24.52	18.20	50m:	31.34	16.29	250m:	2:51.68	17.59	450m:	5:15.76	18.29	650m:	7:42.77	18.25
75m:	48.78	17.44	275m:	3:09.40	17.72	475m:	5:34.29	18.53	675m:	8:01.20	18.43	100m:	1:06.12	17.34	300m:	3:27.01	17.61	500m:	5:52.53	18.24	700m:	8:19.40	18.20
125m:	1:23.63	17.51	325m:	3:45.03	18.02	525m:	6:11.27	18.74	725m:	8:37.74	18.34	150m:	1:40.90	17.27	350m:	4:02.70	17.67	550m:	6:29.64	18.37	750m:	8:55.96	18.22
175m:	1:58.61	17.71	375m:	4:20.89	18.19	575m:	6:48.07	18.43	775m:	9:14.05	18.09	200m:	2:16.20	17.59	400m:	4:38.85	17.96	600m:	7:06.32	18.25	800m:	9:31.35	17.30
22.	2009					+0,77 9:31.37					590												
25m:	14.82	14.82	225m:	2:34.71	17.82	425m:	5:00.17	18.25	625m:	7:26.96	18.31	50m:	31.51	16.69	250m:	2:53.07	18.36	450m:	5:18.67	18.50	650m:	7:45.34	18.38
75m:	48.19	16.68	275m:	3:10.95	17.88	475m:	5:36.93	18.26	675m:	8:03.36	18.02	100m:	1:05.70	17.51	300m:	3:29.08	18.13	500m:	5:55.58	18.65	700m:	8:21.52	18.16
125m:	1:22.99	17.29	325m:	3:46.96	17.88	525m:	6:13.79	18.21	725m:	8:39.23	17.71	150m:	1:40.96	17.97	350m:	4:05.51	18.55	550m:	6:32.37	18.58	750m:	8:57.49	18.26
175m:	1:58.68	17.72	375m:	4:23.57	18.06	575m:	6:50.26	17.89	775m:	9:14.58	17.09	200m:	2:16.89	18.21	400m:	4:41.92	18.35	600m:	7:08.65	18.39	800m:	9:31.37	16.79
23.	2005					+0,81 9:31.55					589												
25m:	14.63	14.63	225m:	2:35.11	17.73	425m:	4:59.27	18.01	625m:	7:24.84		50m:	31.65	17.02	250m:	2:53.04	17.93	450m:	5:17.47	18.20	675m:	8:01.77	36.93
75m:	48.83	17.18	275m:	3:11.00	17.96	475m:	5:35.73	18.26	700m:	8:20.44	18.67	100m:	1:06.44	17.61	300m:	3:28.94	17.94	500m:	6:30.23	54.50	725m:	8:38.98	18.54
125m:	1:23.98	17.54	325m:	3:46.85	17.91	525m:	6:12.06		750m:	8:56.91	17.93	150m:	1:41.83	17.85	350m:	4:04.96	18.11	550m:	7:06.60	54.54	775m:	9:14.75	17.84
175m:	1:59.52	17.69	375m:	4:22.74	17.78	575m:	6:48.38		800m:	9:31.55	16.80	200m:	2:17.38	17.86	400m:	4:41.26	18.52	600m:	7:43.38	55.00			
24.	2006					+0,80 9:32.53					586												
25m:	15.17	15.17	225m:	2:34.79	17.68	425m:	4:59.62	18.14	625m:	7:25.07	18.02	50m:	31.91	16.74	250m:	2:52.86	18.07	450m:	5:17.94	18.32	650m:	7:43.79	18.72
75m:	48.98	17.07	275m:	3:10.74	17.88	475m:	5:36.00	18.06	675m:	8:01.89	18.10	100m:	1:06.52	17.54	300m:	3:28.87	18.13	500m:	5:54.36	18.36	700m:	8:20.68	18.79
125m:	1:24.11	17.59	325m:	3:46.83	17.96	525m:	6:12.25	17.89	725m:	8:38.86	18.18	150m:	1:41.75	17.64	350m:	4:04.98	18.15	550m:	6:30.60	18.35	750m:	8:57.10	18.24
175m:	1:59.38	17.63	375m:	4:22.81	17.83	575m:	6:48.57	17.97	775m:	9:14.98	17.88	200m:	2:17.11	17.73	400m:	4:41.48	18.67	600m:	7:07.05	18.48	800m:	9:32.53	17.55
25.	2009					+0,84 9:33.00					585												
25m:	15.01	15.01	225m:	2:32.66	17.80	425m:	4:57.92	18.48	625m:	7:25.42	18.64	50m:	30.84	15.83	250m:	2:50.62	17.96	450m:	5:15.73	17.81	650m:	7:43.59	18.17
75m:	47.74	16.90	275m:	3:08.81	18.19	475m:	5:34.33	18.60	675m:	8:02.17	18.58	100m:	1:05.14	17.40	300m:	3:26.83	18.02	500m:	5:52.52	18.19	700m:	8:20.56	18.39
125m:	1:22.44	17.30	325m:	3:45.01	18.18	525m:	6:11.15	18.63	725m:	8:39.39	18.83	150m:	1:39.71	17.27	350m:	4:03.04	18.03	550m:	6:29.57	18.42	750m:	8:57.65	18.26
175m:	1:57.41	17.70	375m:	4:21.41	18.37	575m:	6:48.32	18.75	775m:	9:15.74	18.09	200m:	2:14.86	17.45	400m:	4:39.44	18.03	600m:	7:06.78	18.46	800m:	9:33.00	17.26



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20, , 800m

						R.T.					FINA	
26.	2008					+0,88 9:33.29					584	
	25m:	15.59	15.59	225m:	2:37.17	18.20	425m:	5:01.20	17.83	650m:	7:45.35	36.39
	50m:	32.30	16.71	250m:	2:55.00	17.83	450m:	5:19.50	18.30	675m:	8:03.74	18.39
	75m:	49.70	17.40	275m:	3:13.08	18.08	475m:	5:38.18	18.68	700m:	8:21.96	18.22
	100m:	1:07.35	17.65	300m:	3:31.19	18.11	500m:	5:55.96	17.78	725m:	8:40.72	18.76
	125m:	1:25.10	17.75	325m:	3:49.48	18.29	525m:	6:50.59	54.63	750m:	8:58.74	18.02
	150m:	1:42.94	17.84	350m:	4:07.32	17.84	550m:	6:32.32		775m:	9:15.76	17.02
	175m:	2:01.02	18.08	375m:	4:25.88	18.56	575m:	7:27.42	55.10	800m:	9:33.29	17.53
	200m:	2:18.97	17.95	400m:	4:43.37	17.49	600m:	7:08.96				
27.	2006					+0,71 9:33.36					584	
	25m:	13.99	13.99	225m:	2:28.23	17.96	425m:	4:53.74	18.41	625m:	7:23.37	19.44
	50m:	29.55	15.56	250m:	2:46.24	18.01	450m:	5:11.68	17.94	650m:	7:41.87	18.50
	75m:	45.57	16.02	275m:	3:04.51	18.27	475m:	5:30.05	18.37	675m:	8:00.71	18.84
	100m:	1:01.97	16.40	300m:	3:22.66	18.15	500m:	5:48.43	18.38	700m:	8:19.34	18.63
	125m:	1:18.65	16.68	325m:	3:40.96	18.30	525m:	6:07.50	19.07	725m:	8:38.46	19.12
	150m:	1:35.54	16.89	350m:	3:58.81	17.85	550m:	6:26.10	18.60	750m:	8:57.06	18.60
	175m:	1:52.82	17.28	375m:	4:17.23	18.42	575m:	6:45.29	19.19	775m:	9:15.32	18.26
	200m:	2:10.27	17.45	400m:	4:35.33	18.10	600m:	7:03.93	18.64	800m:	9:33.36	18.04
28.	2009					+0,68 9:33.70					583	
	25m:	15.59	15.59	225m:	2:40.20	18.01	425m:	5:05.01	18.25	625m:	7:30.09	18.05
	50m:	33.36	17.77	250m:	2:58.38	18.18	450m:	5:23.24	18.23	650m:	7:48.33	18.24
	75m:	51.25	17.89	275m:	3:16.30	17.92	475m:	5:41.70	18.46	675m:	8:06.74	18.41
	100m:	1:09.34	18.09	300m:	3:34.57	18.27	500m:	5:59.80	18.10	700m:	8:24.44	17.70
	125m:	1:27.28	17.94	325m:	3:52.62	18.05	525m:	6:18.05	18.25	725m:	8:42.16	17.72
	150m:	1:45.61	18.33	350m:	4:10.75	18.13	550m:	6:36.26	18.21	750m:	8:59.76	17.60
	175m:	2:03.93	18.32	375m:	4:28.75	18.00	575m:	6:54.10	17.84	775m:	9:16.96	17.20
	200m:	2:22.19	18.26	400m:	4:46.76	18.01	600m:	7:12.04	17.94	800m:	9:33.70	16.74
29.	2006					+0,75 9:34.55 I					580	
	25m:	14.72	14.72	225m:	2:31.11	17.32	425m:	4:56.50	18.59	650m:	7:44.94	18.80
	50m:	31.53	16.81	250m:	2:48.87	17.76	450m:	5:15.33	18.83	675m:	8:03.66	18.72
	75m:	48.23	16.70	275m:	3:06.42	17.55	475m:	5:34.02	18.69	700m:	8:22.43	18.77
	100m:	1:05.34	17.11	300m:	3:24.56	18.14	500m:	5:52.80	18.78	725m:	8:40.90	18.47
	125m:	1:22.36	17.02	325m:	3:42.52	17.96	525m:	6:11.47	18.67	750m:	8:59.33	18.43
	150m:	1:39.61	17.25	350m:	4:00.74	18.22	575m:	6:48.69	37.22	775m:	9:17.34	18.01
	175m:	1:56.58	16.97	375m:	4:19.09	18.35	600m:	7:07.47	18.78	800m:	9:34.55	17.21
	200m:	2:13.79	17.21	400m:	4:37.91	18.82	625m:	7:26.14	18.67			
30.	2009					+0,84 9:36.39 I					575	
	25m:	15.90	15.90	225m:	2:41.34	18.43	425m:	5:08.17	18.48	625m:	7:33.62	18.19
	50m:	33.15	17.25	250m:	2:59.66	18.32	450m:	5:26.50	18.33	650m:	7:51.62	18.00
	75m:	51.18	18.03	275m:	3:18.27	18.61	475m:	5:44.75	18.25	675m:	8:09.66	18.04
	100m:	1:09.36	18.18	300m:	3:36.45	18.18	500m:	6:02.93	18.18	700m:	8:27.59	17.93
	125m:	1:27.85	18.49	325m:	3:54.89	18.44	525m:	6:21.12	18.19	725m:	8:45.36	17.77
	150m:	1:46.15	18.30	350m:	4:13.01	18.12	550m:	6:39.14	18.02	750m:	9:03.19	17.83
	175m:	2:04.78	18.63	375m:	4:31.45	18.44	575m:	6:57.44	18.30	775m:	9:20.37	17.18
	200m:	2:22.91	18.13	400m:	4:49.69	18.24	600m:	7:15.43	17.99	800m:	9:36.39	16.02



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20, , 800m

					R.T.				FINA		
31.	2009 1				+0,72				9:36.63	I	574
	25m: 15.37	15.37	225m: 2:35.63	17.75	425m: 5:00.81	18.08	625m: 7:28.78	18.70			
	50m: 31.84	16.47	250m: 2:53.66	18.03	450m: 5:19.32	18.51	650m: 7:47.33	18.55			
	75m: 48.94	17.10	275m: 3:11.80	18.14	475m: 5:37.92	18.60	675m: 8:05.95	18.62			
	100m: 1:06.27	17.33	300m: 3:29.77	17.97	500m: 5:56.42	18.50	700m: 8:24.63	18.68			
	125m: 1:23.97	17.70	325m: 3:47.96	18.19	525m: 6:14.56	18.14	725m: 8:42.91	18.28			
	150m: 1:41.99	18.02	350m: 4:06.12	18.16	550m: 6:33.26	18.70	750m: 9:01.41	18.50			
	175m: 1:59.93	17.94	375m: 4:24.33	18.21	575m: 6:51.29	18.03	775m: 9:19.81	18.40			
	200m: 2:17.88	17.95	400m: 4:42.73	18.40	600m: 7:10.08	18.79	800m: 9:36.63	16.82			
32.	2009				+0,62				9:37.61	I	571
	25m: 15.76	15.76	225m: 2:40.67	18.28	425m: 5:05.99	17.88	625m: 7:33.06	18.69			
	50m: 33.17	17.41	250m: 2:58.90	18.23	450m: 5:24.46	18.47	650m: 7:51.53	18.47			
	75m: 50.94	17.77	275m: 3:17.27	18.37	475m: 5:42.73	18.27	675m: 8:09.29	17.76			
	100m: 1:09.50	18.56	300m: 3:35.28	18.01	500m: 6:01.05	18.32	700m: 8:27.62	18.33			
	125m: 1:27.44	17.94	325m: 3:53.40	18.12	525m: 6:19.06	18.01	725m: 8:45.61	17.99			
	150m: 1:45.70	18.26	350m: 4:11.46	18.06	550m: 6:37.31	18.25	750m: 9:04.33	18.72			
	175m: 2:03.77	18.07	375m: 4:30.00	18.54	575m: 6:55.79	18.48	775m: 9:21.27	16.94			
	200m: 2:22.39	18.62	400m: 4:48.11	18.11	600m: 7:14.37	18.58	800m: 9:37.61	16.34			
33.	2008				+0,74				9:37.71	I	571
	25m: 16.13	16.13	225m: 2:38.54	18.12	425m: 5:04.44	18.25	625m: 7:30.57	18.34			
	50m: 33.29	17.16	250m: 2:56.75	18.21	450m: 5:22.62	18.18	650m: 7:48.86	18.29			
	75m: 50.70	17.41	275m: 3:15.05	18.30	475m: 5:40.93	18.31	675m: 8:07.31	18.45			
	100m: 1:08.49	17.79	300m: 3:33.20	18.15	500m: 5:59.39	18.46	700m: 8:25.64	18.33			
	125m: 1:26.25	17.76	325m: 3:51.49	18.29	525m: 6:17.52	18.13	725m: 8:44.17	18.53			
	150m: 1:44.23	17.98	350m: 4:09.64	18.15	550m: 6:35.76	18.24	750m: 9:02.70	18.53			
	175m: 2:02.32	18.09	375m: 4:27.89	18.25	575m: 6:54.10	18.34	775m: 9:20.53	17.83			
	200m: 2:20.42	18.10	400m: 4:46.19	18.30	600m: 7:12.23	18.13	800m: 9:37.71	17.18			
34.	2007				+1,04				9:40.00	I	564
	25m: 16.00	16.00	225m: 2:37.81	18.23	425m: 5:04.42	18.69	625m: 7:31.47	18.52			
	50m: 32.99	16.99	250m: 2:55.61	17.80	450m: 5:22.69	18.27	650m: 7:50.03	18.56			
	75m: 50.43	17.44	275m: 3:13.88	18.27	475m: 5:40.98	18.29	675m: 8:08.90	18.87			
	100m: 1:08.05	17.62	300m: 3:32.19	18.31	500m: 5:59.25	18.27	700m: 8:27.20	18.30			
	125m: 1:25.89	17.84	325m: 3:50.45	18.26	525m: 6:17.88	18.63	725m: 8:45.83	18.63			
	150m: 1:43.69	17.80	350m: 4:08.66	18.21	550m: 6:36.36	18.48	750m: 9:04.28	18.45			
	175m: 2:01.79	18.10	375m: 4:27.36	18.70	575m: 6:54.95	18.59	775m: 9:22.80	18.52			
	200m: 2:19.58	17.79	400m: 4:45.73	18.37	600m: 7:12.95	18.00	800m: 9:40.00	17.20			
35.	2009 1				+0,79				9:41.49	I	560
	25m: 15.70	15.70	225m: 2:39.17	18.11	425m: 5:06.18	18.29	625m: 7:34.47	19.13			
	50m: 32.86	17.16	250m: 2:57.22	18.05	450m: 5:24.00	17.82	650m: 7:52.97	18.50			
	75m: 51.00	18.14	275m: 3:16.03	18.81	475m: 5:42.64	18.64	675m: 8:11.86	18.89			
	100m: 1:08.87	17.87	300m: 3:34.33	18.30	500m: 6:00.88	18.24	700m: 8:29.98	18.12			
	125m: 1:27.13	18.26	325m: 3:52.87	18.54	525m: 6:19.29	18.41	725m: 8:48.82	18.84			
	150m: 1:45.10	17.97	350m: 4:11.07	18.20	550m: 6:37.97	18.68	750m: 9:07.05	18.23			
	175m: 2:03.26	18.16	375m: 4:29.52	18.45	575m: 6:56.73	18.76	775m: 9:25.03	17.98			
	200m: 2:21.06	17.80	400m: 4:47.89	18.37	600m: 7:15.34	18.61	800m: 9:41.49	16.46			



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					R.T.				FINA		
36.	2007 1				+0,75				9:43.40	I	554
	25m: 15.51	15.51	225m: 2:38.56	18.27	425m: 5:05.20	18.38	625m: 7:34.39	18.74			
	50m: 32.17	16.66	250m: 2:56.45	17.89	450m: 5:23.89	18.69	650m: 7:53.02	18.63			
	75m: 49.93	17.76	275m: 3:14.94	18.49	475m: 5:42.63	18.74	675m: 8:11.93	18.91			
	100m: 1:07.50	17.57	300m: 3:33.20	18.26	500m: 6:01.39	18.76	700m: 8:30.21	18.28			
	125m: 1:25.58	18.08	325m: 3:51.83	18.63	525m: 6:19.81	18.42	725m: 8:49.23	19.02			
	150m: 1:43.54	17.96	350m: 4:09.89	18.06	550m: 6:38.31	18.50	750m: 9:07.57	18.34			
	175m: 2:01.97	18.43	375m: 4:28.34	18.45	575m: 6:57.16	18.85	775m: 9:25.68	18.11			
	200m: 2:20.29	18.32	400m: 4:46.82	18.48	600m: 7:15.65	18.49	800m: 9:43.40	17.72			
37.	2007 1				+0,78				9:44.71	I	550
	25m: 15.18	15.18	225m: 2:38.89	18.32	425m: 5:07.51	18.76	625m: 7:36.77	18.55			
	50m: 32.49	17.31	250m: 2:57.43	18.54	450m: 5:25.96	18.45	650m: 7:55.59	18.82			
	75m: 50.19	17.70	275m: 3:15.80	18.37	475m: 5:44.51	18.55	675m: 8:14.31	18.72			
	100m: 1:08.10	17.91	300m: 3:34.27	18.47	500m: 6:03.10	18.59	700m: 8:33.06	18.75			
	125m: 1:26.16	18.06	325m: 3:52.82	18.55	525m: 6:21.99	18.89	725m: 8:51.76	18.70			
	150m: 1:44.24	18.08	350m: 4:11.50	18.68	550m: 6:40.67	18.68	750m: 9:10.19	18.43			
	175m: 2:02.18	17.94	375m: 4:30.12	18.62	575m: 6:59.43	18.76	775m: 9:28.06	17.87			
	200m: 2:20.57	18.39	400m: 4:48.75	18.63	600m: 7:18.22	18.79	800m: 9:44.71	16.65			
38.	2007				9:46.88				I	544	
	25m: 15.66	15.66	225m: 2:41.86	18.61	425m: 5:11.24	18.81	625m: 7:39.62	18.63			
	50m: 32.78	17.12	250m: 3:00.48	18.62	450m: 5:29.86	18.62	650m: 7:58.00	18.38			
	75m: 50.65	17.87	275m: 3:19.29	18.81	475m: 5:48.47	18.61	675m: 8:16.64	18.64			
	100m: 1:08.77	18.12	300m: 3:37.72	18.43	500m: 6:06.97	18.50	700m: 8:34.88	18.24			
	125m: 1:27.36	18.59	325m: 3:56.49	18.77	525m: 6:25.55	18.58	725m: 8:53.42	18.54			
	150m: 1:45.80	18.44	350m: 4:15.14	18.65	550m: 6:44.10	18.55	750m: 9:11.84	18.42			
	175m: 2:04.73	18.93	375m: 4:33.94	18.80	575m: 7:02.79	18.69	775m: 9:29.76	17.92			
	200m: 2:23.25	18.52	400m: 4:52.43	18.49	600m: 7:20.99	18.20	800m: 9:46.88	17.12			
39.	2008				+0,77				9:47.77	I	542
	25m: 15.30	15.30	225m: 2:40.67	18.37	425m: 5:10.17	18.40	650m: 7:58.82	19.17			
	50m: 32.65	17.35	250m: 2:59.20	18.53	450m: 5:29.03	18.86	675m: 8:17.17	18.35			
	75m: 50.26	17.61	275m: 3:17.99	18.79	475m: 5:47.65	18.62	700m: 8:35.39	18.22			
	100m: 1:08.49	18.23	300m: 3:36.68	18.69	500m: 6:06.43	18.78	725m: 8:53.68	18.29			
	125m: 1:26.93	18.44	325m: 3:55.24	18.56	525m: 6:24.86	18.43	750m: 9:12.02	18.34			
	150m: 1:45.40	18.47	350m: 4:14.30	19.06	550m: 6:43.71	18.85	775m: 9:30.07	18.05			
	175m: 2:03.72	18.32	375m: 4:33.00	18.70	575m: 7:02.25	18.54	800m: 9:47.77	17.70			
	200m: 2:22.30	18.58	400m: 4:51.77	18.77	625m: 7:39.65	37.40					
40.	2009				+1,03				9:51.30	I	532
	25m: 15.95	15.95	225m: 2:41.13	18.97	425m: 5:10.42	18.81	625m: 7:41.57	19.09			
	50m: 32.68	16.73	250m: 2:59.95	18.82	450m: 5:29.06	18.64	650m: 8:00.29	18.72			
	75m: 50.31	17.63	275m: 3:18.63	18.68	475m: 5:47.99	18.93	675m: 8:19.24	18.95			
	100m: 1:08.41	18.10	300m: 3:37.24	18.61	500m: 6:06.61	18.62	700m: 8:37.80	18.56			
	125m: 1:26.59	18.18	325m: 3:55.74	18.50	525m: 6:25.58	18.97	725m: 8:56.68	18.88			
	150m: 1:44.77	18.18	350m: 4:14.37	18.63	550m: 6:44.73	19.15	750m: 9:15.21	18.53			
	175m: 2:03.38	18.61	375m: 4:32.92	18.55	575m: 7:03.68	18.95	775m: 9:33.53	18.32			
	200m: 2:22.16	18.78	400m: 4:51.61	18.69	600m: 7:22.48	18.80	800m: 9:51.30	17.77			



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						R.T.					FINA				
41.	2009 1					+0,84 9:51.58 I					531				
25m:	15.74	15.74	225m:	2:43.17	18.60	425m:	5:13.03	18.97	625m:	7:42.64	18.76				
50m:	33.12	17.38	250m:	3:01.73	18.56	450m:	5:31.82	18.79	650m:	8:01.59	18.95				
75m:	51.41	18.29	275m:	3:20.15	18.42	475m:	5:50.31	18.49	675m:	8:20.33	18.74				
100m:	1:10.04	18.63	300m:	3:38.86	18.71	500m:	6:08.91	18.60	700m:	8:39.02	18.69				
125m:	1:28.47	18.43	325m:	3:57.55	18.69	525m:	6:27.55	18.64	725m:	8:57.44	18.42				
150m:	1:46.99	18.52	350m:	4:16.35	18.80	550m:	6:46.24	18.69	750m:	9:16.13	18.69				
175m:	2:05.69	18.70	375m:	4:35.26	18.91	575m:	7:05.08	18.84	775m:	9:34.26	18.13				
200m:	2:24.57	18.88	400m:	4:54.06	18.80	600m:	7:23.88	18.80	800m:	9:51.58	17.32				
42.	2007					+0,85 9:53.24 I					527				
25m:	15.28	15.28	225m:	2:37.15	17.96	425m:	5:05.08	18.44	625m:	7:40.19	19.21				
50m:	32.01	16.73	250m:	2:55.40	18.25	450m:	5:24.80	19.72	650m:	7:59.42	19.23				
75m:	49.24	17.23	275m:	3:13.41	18.01	475m:	5:43.43	18.63	675m:	8:18.40	18.98				
100m:	1:07.20	17.96	300m:	3:31.96	18.55	500m:	6:02.97	19.54	700m:	8:37.90	19.50				
125m:	1:25.29	18.09	325m:	3:50.28	18.32	525m:	6:22.25	19.28	725m:	8:56.56	18.66				
150m:	1:43.52	18.23	350m:	4:09.25	18.97	550m:	6:41.97	19.72	750m:	9:15.83	19.27				
175m:	2:01.34	17.82	375m:	4:27.93	18.68	575m:	7:01.20	19.23	775m:	9:34.10	18.27				
200m:	2:19.19	17.85	400m:	4:46.64	18.71	600m:	7:20.98	19.78	800m:	9:53.24	19.14				
43.	2009 1					+0,71 9:54.09 I					525				
25m:	14.84	14.84	225m:	2:42.59	18.80	425m:	5:12.48	18.37	625m:	7:43.04	19.06				
50m:	31.85	17.01	250m:	3:01.34	18.75	450m:	5:31.13	18.65	650m:	8:01.41	18.37				
75m:	49.88	18.03	275m:	3:19.95	18.61	475m:	5:49.68	18.55	675m:	8:20.98	19.57				
100m:	1:08.86	18.98	300m:	3:38.67	18.72	500m:	6:08.35	18.67	700m:	8:39.67	18.69				
125m:	1:27.60	18.74	325m:	3:57.27	18.60	525m:	6:27.33	18.98	725m:	8:58.35	18.68				
150m:	1:46.18	18.58	350m:	4:16.41	19.14	550m:	6:46.87	19.54	750m:	9:16.83	18.48				
175m:	2:05.07	18.89	375m:	4:35.17	18.76	575m:	7:05.39	18.52	775m:	9:36.06	19.23				
200m:	2:23.79	18.72	400m:	4:54.11	18.94	600m:	7:23.98	18.59	800m:	9:54.09	18.03				
44.	2008					+0,67 9:54.94 I					523				
25m:	15.02	15.02	225m:	2:42.06	18.75	425m:	5:13.00	18.81	625m:	7:46.30	19.16				
50m:	32.00	16.98	250m:	3:00.45	18.39	450m:	5:32.01	19.01	650m:	8:05.00	18.70				
75m:	49.48	17.48	275m:	3:19.22	18.77	475m:	5:51.42	19.41	675m:	8:23.67	18.67				
100m:	1:08.10	18.62	300m:	3:37.98	18.76	500m:	6:10.83	19.41	700m:	8:42.10	18.43				
125m:	1:26.74	18.64	325m:	3:57.01	19.03	525m:	6:30.25	19.42	725m:	9:00.71	18.61				
150m:	1:45.63	18.89	350m:	4:15.95	18.94	550m:	6:48.90	18.65	750m:	9:19.44	18.73				
175m:	2:04.42	18.79	375m:	4:34.94	18.99	575m:	7:07.77	18.87	775m:	9:38.14	18.70				
200m:	2:23.31	18.89	400m:	4:54.19	19.25	600m:	7:27.14	19.37	800m:	9:54.94	16.80				
45.	2009 1					+0,78 9:55.39 I					521				
25m:	15.12	15.12	225m:	2:41.39	18.33	425m:	5:10.45	18.56	625m:	7:42.47	18.87				
50m:	32.87	17.75	250m:	2:59.78	18.39	450m:	5:29.38	18.93	650m:	8:01.94	19.47				
75m:	51.27	18.40	275m:	3:17.99	18.21	475m:	5:48.05	18.67	675m:	8:21.10	19.16				
100m:	1:09.58	18.31	300m:	3:36.75	18.76	500m:	6:07.20	19.15	700m:	8:40.47	19.37				
125m:	1:27.78	18.20	325m:	3:55.32	18.57	525m:	6:26.08	18.88	725m:	8:59.29	18.82				
150m:	1:46.10	18.32	350m:	4:14.23	18.91	550m:	6:45.26	19.18	750m:	9:18.43	19.14				
175m:	2:04.52	18.42	375m:	4:32.88	18.65	575m:	7:04.23	18.97	775m:	9:37.23	18.80				
200m:	2:23.06	18.54	400m:	4:51.89	19.01	600m:	7:23.60	19.37	800m:	9:55.39	18.16				



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						R.T.			FINA	
46.	2008 1					+0,78	9:55.42	I	521	
	25m: 15.28	15.28	225m: 2:42.17	18.87	425m: 5:13.25	18.87	625m: 7:44.21	18.87		
	50m: 32.29	17.01	250m: 3:00.52	18.35	450m: 5:31.93	18.68	650m: 8:02.97	18.76		
	75m: 50.06	17.77	275m: 3:19.41	18.89	475m: 5:51.20	19.27	675m: 8:22.07	19.10		
	100m: 1:08.21	18.15	300m: 3:38.16	18.75	500m: 6:10.08	18.88	700m: 8:40.64	18.57		
	125m: 1:26.87	18.66	325m: 3:56.99	18.83	525m: 6:29.00	18.92	725m: 8:59.37	18.73		
	150m: 1:45.54	18.67	350m: 4:15.87	18.88	550m: 6:47.50	18.50	750m: 9:18.06	18.69		
	175m: 2:04.54	19.00	375m: 4:35.25	19.38	575m: 7:06.67	19.17	775m: 9:37.41	19.35		
	200m: 2:23.30	18.76	400m: 4:54.38	19.13	600m: 7:25.34	18.67	800m: 9:55.42	18.01		
47.	2009 1					+0,90	9:55.49	I	521	
	25m: 15.23	15.23	225m: 2:41.38	19.05	425m: 5:13.18	19.04	625m: 7:43.38	19.20		
	50m: 31.91	16.68	250m: 3:00.40	19.02	450m: 5:31.58	18.40	650m: 8:02.45	19.07		
	75m: 49.55	17.64	275m: 3:19.77	19.37	475m: 5:50.14	18.56	675m: 8:21.48	19.03		
	100m: 1:07.69	18.14	300m: 3:38.58	18.81	500m: 6:08.78	18.64	700m: 8:40.73	19.25		
	125m: 1:26.56	18.87	325m: 3:57.58	19.00	525m: 6:27.73	18.95	725m: 9:00.18	19.45		
	150m: 1:44.87	18.31	350m: 4:16.56	18.98	550m: 6:46.33	18.60	750m: 9:18.90	18.72		
	175m: 2:03.68	18.81	375m: 4:35.46	18.90	575m: 7:05.23	18.90	775m: 9:37.74	18.84		
	200m: 2:22.33	18.65	400m: 4:54.14	18.68	600m: 7:24.18	18.95	800m: 9:55.49	17.75		
48.	2009 1					+0,80	9:55.53	I	521	
	25m: 15.72	15.72	225m: 2:41.79	18.66	425m: 5:12.32	19.01	625m: 7:43.99	19.22		
	50m: 32.91	17.19	250m: 3:00.49	18.70	450m: 5:31.12	18.80	650m: 8:03.19	19.20		
	75m: 50.81	17.90	275m: 3:19.30	18.81	475m: 5:50.24	19.12	675m: 8:22.32	19.13		
	100m: 1:09.04	18.23	300m: 3:38.15	18.85	500m: 6:09.11	18.87	700m: 8:41.76	19.44		
	125m: 1:27.53	18.49	325m: 3:56.89	18.74	525m: 6:27.61	18.50	725m: 9:00.73	18.97		
	150m: 1:45.96	18.43	350m: 4:15.77	18.88	550m: 6:46.60	18.99	750m: 9:19.82	19.09		
	175m: 2:04.53	18.57	375m: 4:34.48	18.71	575m: 7:05.44	18.84	775m: 9:38.38	18.56		
	200m: 2:23.13	18.60	400m: 4:53.31	18.83	600m: 7:24.77	19.33	800m: 9:55.53	17.15		
49.	2009					+0,75	9:58.79	I	512	
	25m: 15.80	15.80	225m: 2:43.89	19.20	425m: 5:14.34	18.72	625m: 7:46.93	19.04		
	50m: 33.33	17.53	250m: 3:03.05	19.16	450m: 5:33.33	18.99	650m: 8:07.39	20.46		
	75m: 51.56	18.23	275m: 3:21.89	18.84	475m: 5:52.38	19.05	675m: 8:26.20	18.81		
	100m: 1:09.86	18.30	300m: 3:40.70	18.81	500m: 6:11.24	18.86	700m: 8:45.72	19.52		
	125m: 1:28.60	18.74	325m: 3:59.28	18.58	525m: 6:30.25	19.01	725m: 9:04.39	18.67		
	150m: 1:46.97	18.37	350m: 4:18.07	18.79	550m: 6:49.37	19.12	750m: 9:23.50	19.11		
	175m: 2:05.92	18.95	375m: 4:36.70	18.63	575m: 7:08.77	19.40	775m: 9:41.57	18.07		
	200m: 2:24.69	18.77	400m: 4:55.62	18.92	600m: 7:27.89	19.12	800m: 9:58.79	17.22		
50.	2006					+0,94	9:59.54	I	511	
	25m: 15.56	15.56	250m: 2:58.28	18.63	475m: 5:46.03	37.12	700m: 8:40.60	20.28		
	50m: 1:08.45	52.89	275m: 3:16.62	18.34	500m: 6:05.06	19.03	725m: 9:00.59	19.99		
	75m: 50.55		300m: 3:35.23	18.61	525m: 6:23.90	18.84	750m: 9:20.72	20.13		
	125m: 1:26.49	35.94	325m: 3:53.83	18.60	550m: 6:43.03	19.13	775m: 9:40.72	20.00		
	150m: 1:44.63	18.14	350m: 4:12.62	18.79	575m: 7:01.97	18.94	800m: 9:59.54	18.82		
	175m: 2:02.91	18.28	375m: 4:31.47	18.85	600m: 7:21.61	19.64				
	200m: 2:21.38	18.47	400m: 4:50.22	18.75	625m: 7:40.94	19.33				
	225m: 2:39.65	18.27	425m: 5:08.91	18.69	675m: 8:20.32	39.38				



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						R.T.					FINA				
51.	2007 1					+0,82 10:00.49 I					508				
	25m:	15.50	15.50	225m:	2:42.22	19.05	425m:	5:16.19	19.39	625m:	7:49.77	18.94			
	50m:	32.37	16.87	250m:	3:01.25	19.03	450m:	5:35.42	19.23	650m:	8:08.67	18.90			
	75m:	50.00	17.63	275m:	3:20.67	19.42	475m:	5:54.94	19.52	675m:	8:28.10	19.43			
	100m:	1:08.32	18.32	300m:	3:39.77	19.10	500m:	6:14.01	19.07	700m:	8:47.15	19.05			
	125m:	1:27.02	18.70	325m:	3:59.03	19.26	525m:	5:57.54		725m:	9:06.39	19.24			
	150m:	1:45.69	18.67	350m:	4:18.31	19.28	550m:	6:52.43	54.89	750m:	9:24.83	18.44			
	175m:	2:04.58	18.89	375m:	4:37.79	19.48	575m:	7:12.07	19.64	775m:	9:43.09	18.26			
	200m:	2:23.17	18.59	400m:	4:56.80	19.01	600m:	7:30.83	18.76	800m:	10:00.49	17.40			
52.	2007					+0,60 10:01.71 I					505				
	25m:	15.94	15.94	225m:	2:43.31	19.10	425m:	5:15.33	19.06	625m:	7:49.31	19.19			
	50m:	33.50	17.56	250m:	3:02.11	18.80	450m:	5:34.56	19.23	650m:	8:08.96	19.65			
	75m:	51.50	18.00	275m:	3:21.01	18.90	475m:	5:53.80	19.24	675m:	8:28.15	19.19			
	100m:	1:09.82	18.32	300m:	3:40.15	19.14	500m:	6:13.04	19.24	700m:	8:47.56	19.41			
	125m:	1:28.20	18.38	325m:	3:59.11	18.96	525m:	6:32.70	19.66	725m:	9:06.55	18.99			
	150m:	1:46.82	18.62	350m:	4:18.12	19.01	550m:	6:51.74	19.04	750m:	9:25.41	18.86			
	175m:	2:05.39	18.57	375m:	4:37.07	18.95	575m:	7:10.80	19.06	775m:	9:43.98	18.57			
	200m:	2:24.21	18.82	400m:	4:56.27	19.20	600m:	7:30.12	19.32	800m:	10:01.71	17.73			
53.	2009 1					+0,84 10:07.00 I					492				
	25m:	15.35	15.35	225m:	2:41.38	19.14	425m:	5:15.50	19.66	625m:	7:51.11	19.55			
	50m:	31.99	16.64	250m:	3:00.47	19.09	450m:	5:34.88	19.38	650m:	8:10.91	19.80			
	75m:	49.48	17.49	275m:	3:19.73	19.26	475m:	5:54.13	19.25	675m:	8:30.75	19.84			
	100m:	1:07.56	18.08	300m:	3:38.85	19.12	500m:	6:13.61	19.48	700m:	8:50.84	20.09			
	125m:	1:26.20	18.64	325m:	3:58.21	19.36	525m:	6:33.00	19.39	725m:	9:10.08	19.24			
	150m:	1:44.66	18.46	350m:	4:17.47	19.26	550m:	6:52.54	19.54	750m:	9:29.61	19.53			
	175m:	2:03.50	18.84	375m:	4:36.59	19.12	575m:	7:12.20	19.66	775m:	9:48.84	19.23			
	200m:	2:22.24	18.74	400m:	4:55.84	19.25	600m:	7:31.56	19.36	800m:	10:07.00	18.16			
54.	2009 1					+0,65 10:09.14 I					487				
	25m:	15.67	15.67	225m:	2:44.97	19.04	425m:	5:18.88	19.31	625m:	7:54.16	19.19			
	50m:	33.63	17.96	250m:	3:03.95	18.98	450m:	5:38.51	19.63	650m:	8:13.84	19.68			
	75m:	51.88	18.25	275m:	3:22.74	18.79	475m:	5:57.92	19.41	675m:	8:33.25	19.41			
	100m:	1:10.48	18.60	300m:	3:42.01	19.27	500m:	6:17.56	19.64	700m:	8:52.71	19.46			
	125m:	1:29.17	18.69	325m:	4:01.26	19.25	525m:	6:36.89	19.33	725m:	9:11.97	19.26			
	150m:	1:48.11	18.94	350m:	4:20.77	19.51	550m:	6:56.36	19.47	750m:	9:31.40	19.43			
	175m:	2:07.00	18.89	375m:	4:40.03	19.26	575m:	7:15.51	19.15	775m:	9:50.51	19.11			
	200m:	2:25.93	18.93	400m:	4:59.57	19.54	600m:	7:34.97	19.46	800m:	10:09.14	18.63			
55.	2008 1					+0,90 10:10.66 I					483				
	25m:	15.91	15.91	225m:	2:44.19	19.25	425m:	5:18.95	19.74	625m:	7:55.59	19.93			
	50m:	33.15	17.24	250m:	3:03.34	19.15	450m:	5:38.14	19.19	650m:	8:15.26	19.67			
	75m:	51.16	18.01	275m:	3:22.71	19.37	475m:	5:57.65	19.51	675m:	8:34.85	19.59			
	100m:	1:09.48	18.32	300m:	3:41.64	18.93	500m:	6:17.22	19.57	700m:	8:54.87	20.02			
	125m:	1:28.28	18.80	325m:	4:01.21	19.57	525m:	6:36.94	19.72	725m:	9:14.99	20.12			
	150m:	1:47.03	18.75	350m:	4:20.24	19.03	550m:	6:56.37	19.43	750m:	9:34.53	19.54			
	175m:	2:06.12	19.09	375m:	4:39.72	19.48	575m:	7:16.03	19.66	775m:	9:53.63	19.10			
	200m:	2:24.94	18.82	400m:	4:59.21	19.49	600m:	7:35.66	19.63	800m:	10:10.66	17.03			



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					R.T.				FINA		
56.	2008 1				+0,72 10:11.07 I				482		
25m:	15.68	15.68	225m:	2:48.03	19.29	425m:	5:23.81	19.12	625m:	7:57.75	19.24
50m:	33.64	17.96	250m:	3:07.64	19.61	450m:	5:43.61	19.80	650m:	8:17.48	19.73
75m:	51.83	18.19	275m:	3:26.75	19.11	475m:	6:02.32	18.71	675m:	8:36.87	19.39
100m:	1:10.75	18.92	300m:	3:46.39	19.64	500m:	6:21.41	19.09	700m:	8:56.01	19.14
125m:	1:29.93	19.18	325m:	4:05.94	19.55	525m:	6:41.01	19.60	725m:	9:15.45	19.44
150m:	1:49.79	19.86	350m:	4:25.75	19.81	550m:	7:00.18	19.17	750m:	9:34.44	18.99
175m:	2:09.39	19.60	375m:	4:45.13	19.38	575m:	7:19.24	19.06	775m:	9:53.20	18.76
200m:	2:28.74	19.35	400m:	5:04.69	19.56	600m:	7:38.51	19.27	800m:	10:11.07	17.87
57.	2007 1				+0,76 10:11.34 I				482		
25m:	16.41	16.41	225m:	2:48.73	19.42	425m:	5:22.13	19.16	625m:	7:57.25	19.79
50m:	34.43	18.02	250m:	3:08.01	19.28	450m:	5:41.49	19.36	650m:	8:17.04	19.79
75m:	53.10	18.67	275m:	3:27.18	19.17	475m:	6:00.40	18.91	675m:	8:36.21	19.17
100m:	1:11.93	18.83	300m:	3:46.32	19.14	500m:	6:19.75	19.35	700m:	8:55.49	19.28
125m:	1:31.20	19.27	325m:	4:05.64	19.32	525m:	6:39.03	19.28	725m:	9:14.88	19.39
150m:	1:50.65	19.45	350m:	4:24.82	19.18	550m:	6:58.42	19.39	750m:	9:34.36	19.48
175m:	2:10.11	19.46	375m:	4:43.86	19.04	575m:	7:18.01	19.59	775m:	9:53.39	19.03
200m:	2:29.31	19.20	400m:	5:02.97	19.11	600m:	7:37.46	19.45	800m:	10:11.34	17.95
58.	2008 1				+0,61 10:11.42 I				481		
25m:	15.48	15.48	225m:	2:45.63	19.13	425m:	5:20.72	19.54	625m:	7:57.66	19.44
50m:	33.16	17.68	250m:	3:05.02	19.39	450m:	5:40.55	19.83	650m:	8:17.17	19.51
75m:	51.61	18.45	275m:	3:24.10	19.08	475m:	6:00.17	19.62	675m:	8:36.77	19.60
100m:	1:10.52	18.91	300m:	3:43.46	19.36	500m:	6:19.74	19.57	700m:	8:56.44	19.67
125m:	1:28.94	18.42	325m:	4:02.85	19.39	525m:	6:39.28	19.54	725m:	9:15.59	19.15
150m:	1:48.22	19.28	350m:	4:22.46	19.61	550m:	6:58.99	19.71	750m:	9:34.82	19.23
175m:	2:07.17	18.95	375m:	4:41.59	19.13	575m:	7:18.37	19.38	775m:	9:53.71	18.89
200m:	2:26.50	19.33	400m:	5:01.18	19.59	600m:	7:38.22	19.85	800m:	10:11.42	17.71
59.	2009 1				+0,91 10:11.90 I				480		
25m:	16.15	16.15	225m:	3:21.56	19.22	425m:	5:56.24	19.66	650m:	8:54.83	19.72
50m:	33.19	17.04	250m:	3:40.55	18.99	450m:	6:15.72	19.48	675m:	9:14.42	19.59
75m:	51.22	18.03	275m:	3:59.60	19.05	475m:	6:36.29	20.57	700m:	9:34.16	19.74
100m:	1:09.67	18.45	300m:	4:18.60	19.00	500m:	6:56.09	19.80	725m:	9:53.51	19.35
125m:	1:28.22	18.55	325m:	4:38.15	19.55	525m:	7:15.39	19.30	750m:	10:11.90	18.39
150m:	1:46.97	18.75	350m:	4:57.13	18.98	550m:	7:35.39	20.00	800m:	10:11.90	
175m:	2:43.33	56.36	375m:	5:16.33	19.20	600m:	8:15.35	39.96			
200m:	3:02.34	19.01	400m:	5:36.58	20.25	625m:	8:35.11	19.76			
60.	2009 1				+0,61 10:20.23				461		
25m:	16.59	16.59	225m:	2:47.53	18.84	425m:	5:23.07	18.86	625m:	8:02.80	19.28
50m:	34.83	18.24	250m:	3:06.98	19.45	450m:	5:42.99	19.92	650m:	8:22.59	19.79
75m:	53.60	18.77	275m:	3:26.41	19.43	475m:	6:03.03	20.04	675m:	8:42.47	19.88
100m:	1:12.78	19.18	300m:	3:46.13	19.72	500m:	6:22.78	19.75	700m:	9:02.72	20.25
125m:	1:31.53	18.75	325m:	4:05.23	19.10	525m:	6:42.93	20.15	725m:	9:22.62	19.90
150m:	1:50.53	19.00	350m:	4:24.99	19.76	550m:	7:03.53	20.60	750m:	9:42.71	20.09
175m:	2:09.33	18.80	375m:	4:44.37	19.38	575m:	7:23.49	19.96	775m:	10:01.79	19.08
200m:	2:28.69	19.36	400m:	5:04.21	19.84	600m:	7:43.52	20.03	800m:	10:20.23	18.44



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20, , 800m

					R.T.				FINA		
61.	2009 1				+0,62 10:20.34				461		
25m:	15.75	15.75	225m:	2:49.62	19.80	425m:	5:28.89	20.64	625m:	8:06.72	
50m:	34.03	18.28	250m:	3:09.40	19.78	450m:	5:48.33	19.44	675m:	9:24.67	1:17.95
75m:	52.98	18.95	275m:	3:29.53	20.13	475m:	6:08.18	19.85	700m:	9:05.28	
100m:	1:11.85	18.87	300m:	3:49.24	19.71	500m:	6:27.88	19.70	725m:	10:02.91	57.63
125m:	1:31.26	19.41	325m:	4:09.23	19.99	525m:	6:48.14	20.26	750m:	9:43.85	
150m:	1:50.27	19.01	350m:	4:28.91	19.68	550m:	7:07.89	19.75	800m:	10:20.34	36.49
175m:	2:10.18	19.91	375m:	4:48.53	19.62	575m:	7:27.67	19.78			
200m:	2:29.82	19.64	400m:	5:08.25	19.72	600m:	8:26.13	58.46			
62.	2009 1				+0,68 10:20.42				461		
25m:	15.71	15.71	225m:	2:49.25	19.63	425m:	5:26.55	19.90	625m:	8:44.03	20.27
50m:	33.50	17.79	250m:	3:08.78	19.53	450m:	5:46.13	19.58	650m:	9:03.58	19.55
75m:	52.41	18.91	275m:	3:28.57	19.79	475m:	6:06.09	19.96	675m:	9:23.30	19.72
100m:	1:11.65	19.24	300m:	3:47.92	19.35	500m:	7:04.84	58.75	700m:	9:42.87	19.57
125m:	1:30.99	19.34	325m:	4:07.56	19.64	525m:	7:24.48	19.64	725m:	10:02.55	19.68
150m:	1:50.49	19.50	350m:	4:27.38	19.82	550m:	7:43.87	19.39	750m:	10:20.42	17.87
175m:	2:09.77	19.28	375m:	4:46.88	19.50	575m:	8:04.15	20.28	800m:	10:20.42	
200m:	2:29.62	19.85	400m:	5:06.65	19.77	600m:	8:23.76	19.61			
63.	2008				+0,83 10:33.60				432		
25m:	15.93	15.93	225m:	2:47.32	19.52	425m:	5:27.44	20.27	625m:	8:11.07	20.59
50m:	33.70	17.77	250m:	3:07.30	19.98	450m:	5:47.69	20.25	650m:	8:31.75	20.68
75m:	51.95	18.25	275m:	3:27.16	19.86	475m:	6:07.84	20.15	675m:	8:52.69	20.94
100m:	1:10.86	18.91	300m:	3:47.03	19.87	500m:	6:28.24	20.40	700m:	9:13.28	20.59
125m:	1:29.85	18.99	325m:	4:06.89	19.86	525m:	6:48.68	20.44	725m:	9:33.97	20.69
150m:	1:49.16	19.31	350m:	4:26.92	20.03	550m:	7:09.26	20.58	750m:	9:54.49	20.52
175m:	2:08.32	19.16	375m:	4:46.93	20.01	575m:	7:29.83	20.57	775m:	10:14.31	19.82
200m:	2:27.80	19.48	400m:	5:07.17	20.24	600m:	7:50.48	20.65	800m:	10:33.60	19.29
64.	2009 1				+0,91 10:39.47				421		
25m:	16.22	16.22	225m:	2:57.72	20.88	425m:	5:42.14	20.47	625m:	8:25.63	20.52
50m:	34.33	18.11	250m:	3:18.30	20.58	450m:	6:03.19	21.05	650m:	8:46.27	20.64
75m:	53.24	18.91	275m:	3:38.40	20.10	475m:	6:23.69	20.50	675m:	9:06.39	20.12
100m:	1:13.38	20.14	300m:	3:59.26	20.86	500m:	6:44.08	20.39	700m:	9:25.63	19.24
125m:	1:33.76	20.38	325m:	4:20.16	20.90	525m:	7:04.87	20.79	725m:	9:44.78	19.15
150m:	1:54.53	20.77	350m:	4:40.90	20.74	550m:	7:24.60	19.73	750m:	10:03.60	18.82
175m:	2:15.23	20.70	375m:	5:01.31	20.41	575m:	7:44.77	20.17	775m:	10:21.88	18.28
200m:	2:36.84	21.61	400m:	5:21.67	20.36	600m:	8:05.11	20.34	800m:	10:39.47	17.59
65.	2009 1				+0,94 10:49.74				401		
25m:	16.17	16.17	225m:	2:54.66	20.81	450m:	5:59.73	20.30	700m:	9:28.35	20.79
50m:	33.97	17.80	250m:	3:15.32	20.66	525m:	7:02.41	1:02.68	725m:	9:48.85	20.50
75m:	53.05	19.08	275m:	4:16.57	1:01.25	550m:	7:22.30	19.89	750m:	10:09.60	20.75
100m:	1:12.34	19.29	300m:	3:55.85		575m:	7:43.82	21.52	775m:	10:29.60	20.00
125m:	1:32.63	20.29	325m:	4:58.96	1:03.11	600m:	8:04.70	20.88	800m:	10:49.74	20.14
150m:	1:52.61	19.98	350m:	4:37.19		625m:	8:26.28	21.58			
175m:	2:13.70	21.09	400m:	5:18.96	41.77	650m:	8:47.06	20.78			
200m:	2:33.85	20.15	425m:	5:39.43	20.47	675m:	9:07.56	20.50			



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20, , 800m

20 , 800m

(15-17)

26.10.2022 - 12:56

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	/			R.T.			FINA			
1.	2007			+0,87			8:36.34			800
	25m: 14.68	14.68	225m: 2:24.76	16.44	425m: 4:34.77	16.56	625m: 6:45.53	6:45.53	16.29	
	50m: 30.67	15.99	250m: 2:40.80	16.04	450m: 4:51.02	16.25	650m: 7:01.77	7:01.77	16.24	
	75m: 46.95	16.28	275m: 2:57.28	16.48	475m: 5:07.47	16.45	675m: 7:17.96	7:17.96	16.19	
	100m: 1:03.17	16.22	300m: 3:13.50	16.22	500m: 5:23.71	16.24	700m: 7:34.09	7:34.09	16.13	
	125m: 1:19.68	16.51	325m: 3:29.92	16.42	525m: 5:40.25	16.54	725m: 7:50.42	7:50.42	16.33	
	150m: 1:35.79	16.11	350m: 3:45.91	15.99	550m: 5:56.56	16.31	750m: 8:06.24	8:06.24	15.82	
	175m: 1:52.11	16.32	375m: 4:01.99	16.08	575m: 6:12.90	16.34	775m: 8:21.75	8:21.75	15.51	
	200m: 2:08.32	16.21	400m: 4:18.21	16.22	600m: 6:29.24	16.34	800m: 8:36.34	8:36.34	14.59	
2.	2005			+0,82			9:10.39			660
	25m: 15.09	15.09	225m: 2:29.48	17.03	425m: 4:47.61	17.30	625m: 7:08.51	7:08.51	17.68	
	50m: 31.34	16.25	250m: 2:46.61	17.13	450m: 5:04.93	17.32	650m: 7:25.91	7:25.91	17.40	
	75m: 48.11	16.77	275m: 3:03.77	17.16	475m: 5:22.63	17.70	675m: 7:43.78	7:43.78	17.87	
	100m: 1:04.66	16.55	300m: 3:21.26	17.49	500m: 5:40.22	17.59	700m: 8:01.29	8:01.29	17.51	
	125m: 1:21.82	17.16	325m: 3:38.61	17.35	525m: 5:57.76	17.54	725m: 8:18.99	8:18.99	17.70	
	150m: 1:38.48	16.66	350m: 3:55.78	17.17	550m: 6:15.18	17.42	750m: 8:36.62	8:36.62	17.63	
	175m: 1:55.39	16.91	375m: 4:13.11	17.33	575m: 6:33.19	18.01	775m: 8:54.09	8:54.09	17.47	
	200m: 2:12.45	17.06	400m: 4:30.31	17.20	600m: 6:50.83	17.64	800m: 9:10.39	9:10.39	16.30	
3.	2007			+0,78			9:15.43			642
	25m: 14.62	14.62	225m: 2:31.56	17.34	425m: 4:51.83	17.51	625m: 7:13.38	7:13.38	17.81	
	50m: 30.91	16.29	250m: 2:48.96	17.40	450m: 5:09.57	17.74	650m: 7:31.07	7:31.07	17.69	
	75m: 47.76	16.85	275m: 3:06.62	17.66	475m: 5:27.26	17.69	675m: 7:48.92	7:48.92	17.85	
	100m: 1:04.89	17.13	300m: 3:24.27	17.65	500m: 5:44.95	17.69	700m: 8:06.63	8:06.63	17.71	
	125m: 1:22.05	17.16	325m: 3:41.74	17.47	525m: 6:02.65	17.70	725m: 8:24.06	8:24.06	17.43	
	150m: 1:39.37	17.32	350m: 3:59.21	17.47	550m: 6:20.35	17.70	750m: 8:41.81	8:41.81	17.75	
	175m: 1:56.76	17.39	375m: 4:16.78	17.57	575m: 6:38.02	17.67	775m: 8:59.12	8:59.12	17.31	
	200m: 2:14.22	17.46	400m: 4:34.32	17.54	600m: 6:55.57	17.55	800m: 9:15.43	9:15.43	16.31	
4.	2007			+0,67			9:17.79			634
	25m: 14.45	14.45	225m: 2:33.97	17.90	425m: 4:54.29	17.31	625m: 7:16.47	7:16.47	17.55	
	50m: 31.19	16.74	250m: 2:51.54	17.57	450m: 5:12.14	17.85	650m: 7:34.16	7:34.16	17.69	
	75m: 48.72	17.53	275m: 3:09.40	17.86	475m: 5:29.88	17.74	675m: 7:51.95	7:51.95	17.79	
	100m: 1:06.14	17.42	300m: 3:26.97	17.57	500m: 5:47.64	17.76	700m: 8:09.58	8:09.58	17.63	
	125m: 1:23.65	17.51	325m: 3:44.67	17.70	525m: 6:05.38	17.74	725m: 8:27.06	8:27.06	17.48	
	150m: 1:41.14	17.49	350m: 4:02.66	17.99	550m: 6:23.43	18.05	750m: 8:44.60	8:44.60	17.54	
	175m: 1:58.97	17.83	375m: 4:19.76	17.10	575m: 6:41.12	17.69	775m: 9:01.56	9:01.56	16.96	
	200m: 2:16.07	17.10	400m: 4:36.98	17.22	600m: 6:58.92	17.80	800m: 9:17.79	9:17.79	16.23	
5.	2005			+0,85			9:18.81			631
	25m: 15.02	15.02	225m: 2:34.69	17.92	425m: 4:55.80	17.34	625m: 7:16.27	7:16.27	17.34	
	50m: 31.87	16.85	250m: 2:52.27	17.58	450m: 5:12.90	17.10	650m: 7:33.92	7:33.92	17.65	
	75m: 49.23	17.36	275m: 3:10.02	17.75	475m: 5:30.35	17.45	675m: 7:51.92	7:51.92	18.00	
	100m: 1:06.46	17.23	300m: 3:27.76	17.74	500m: 5:47.94	17.59	700m: 8:09.77	8:09.77	17.85	
	125m: 1:24.14	17.68	325m: 3:45.56	17.80	525m: 6:05.63	17.69	725m: 8:27.85	8:27.85	18.08	
	150m: 1:41.79	17.65	350m: 4:03.02	17.46	550m: 6:23.25	17.62	750m: 8:45.10	8:45.10	17.25	
	175m: 1:59.31	17.52	375m: 4:20.74	17.72	575m: 6:41.09	17.84	775m: 9:02.38	9:02.38	17.28	
	200m: 2:16.77	17.46	400m: 4:38.46	17.72	600m: 6:58.93	17.84	800m: 9:18.81	9:18.81	16.43	



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20, , 800m , (15-17)

						R.T.					FINA
6.	2006					+0,95 9:18.99					630
25m:	15.17	15.17	225m:	2:32.88	17.49	425m:	4:54.20	17.64	625m:	7:16.56	17.69
50m:	31.74	16.57	250m:	2:50.64	17.76	450m:	5:11.88	17.68	650m:	7:34.60	18.04
75m:	48.67	16.93	275m:	3:08.18	17.54	475m:	5:29.52	17.64	675m:	7:52.27	17.67
100m:	1:05.92	17.25	300m:	3:25.93	17.75	500m:	5:47.63	18.11	700m:	8:10.10	17.83
125m:	1:23.12	17.20	325m:	3:43.67	17.74	525m:	6:05.25	17.62	725m:	8:27.78	17.68
150m:	1:40.56	17.44	350m:	4:01.41	17.74	550m:	6:23.06	17.81	750m:	8:45.43	17.65
175m:	1:57.94	17.38	375m:	4:18.80	17.39	575m:	6:40.89	17.83	775m:	9:02.67	17.24
200m:	2:15.39	17.45	400m:	4:36.56	17.76	600m:	6:58.87	17.98	800m:	9:18.99	16.32
7.	2007					+0,78 9:20.77					624
25m:	15.03	15.03	225m:	2:32.74	17.67	425m:	4:55.08	17.83	625m:	7:17.28	17.71
50m:	31.46	16.43	250m:	2:50.47	17.73	450m:	5:12.66	17.58	650m:	7:35.27	17.99
75m:	48.33	16.87	275m:	3:08.22	17.75	475m:	5:30.31	17.65	675m:	7:53.39	18.12
100m:	1:05.32	16.99	300m:	3:26.08	17.86	500m:	5:48.07	17.76	700m:	8:11.24	17.85
125m:	1:22.71	17.39	325m:	3:43.89	17.81	525m:	6:06.10	18.03	725m:	8:29.31	18.07
150m:	1:40.22	17.51	350m:	4:01.69	17.80	550m:	6:23.85	17.75	750m:	8:46.99	17.68
175m:	1:57.77	17.55	375m:	4:19.37	17.68	575m:	6:41.69	17.84	775m:	9:04.13	17.14
200m:	2:15.07	17.30	400m:	4:37.25	17.88	600m:	6:59.57	17.88	800m:	9:20.77	16.64
8.	2006					+0,79 9:22.25					619
25m:	14.87	14.87	225m:	2:32.37	17.56	425m:	4:54.29	17.94	625m:	7:19.91	17.92
50m:	31.05	16.18	250m:	2:49.95	17.58	450m:	5:12.48	18.19	650m:	7:37.96	18.05
75m:	47.81	16.76	275m:	3:07.30	17.35	475m:	5:30.49	18.01	675m:	7:56.11	18.15
100m:	1:05.04	17.23	300m:	3:24.91	17.61	500m:	5:48.68	18.19	700m:	8:14.36	18.25
125m:	1:22.36	17.32	325m:	3:42.57	17.66	525m:	6:06.91	18.23	725m:	8:32.48	18.12
150m:	1:39.75	17.39	350m:	4:00.53	17.96	550m:	6:25.41	18.50	750m:	8:50.38	17.90
175m:	1:57.30	17.55	375m:	4:18.36	17.83	575m:	6:43.77	18.36	775m:	9:06.49	16.11
200m:	2:14.81	17.51	400m:	4:36.35	17.99	600m:	7:01.99	18.22	800m:	9:22.25	15.76
9.	2005					+0,78 9:23.74					614
25m:	14.39	14.39	225m:	2:32.09	17.97	425m:	4:53.44	17.55	625m:	7:17.94	17.74
50m:	30.87	16.48	250m:	2:49.92	17.83	450m:	5:11.45	18.01	650m:	7:36.14	18.20
75m:	47.46	16.59	275m:	3:07.46	17.54	475m:	5:29.22	17.77	675m:	7:55.17	19.03
100m:	1:04.73	17.27	300m:	3:25.37	17.91	500m:	5:47.62	18.40	700m:	8:13.58	18.41
125m:	1:21.94	17.21	325m:	3:42.75	17.38	525m:	6:05.26	17.64	725m:	8:31.10	17.52
150m:	1:39.37	17.43	350m:	4:00.57	17.82	550m:	6:23.06	17.80	750m:	8:49.01	17.91
175m:	1:56.71	17.34	375m:	4:18.16	17.59	575m:	6:41.64	18.58	775m:	9:06.59	17.58
200m:	2:14.12	17.41	400m:	4:35.89	17.73	600m:	7:00.20	18.56	800m:	9:23.74	17.15
10.	2007					+0,86 9:25.96					607
25m:	14.75	14.75	225m:	2:34.90	17.64	425m:	4:58.96	18.12	625m:	7:22.97	18.10
50m:	31.55	16.80	250m:	2:52.99	18.09	450m:	5:17.20	18.24	650m:	7:41.00	18.03
75m:	48.65	17.10	275m:	3:11.21	18.22	475m:	5:35.00	17.80	675m:	7:58.99	17.99
100m:	1:06.13	17.48	300m:	3:29.36	18.15	500m:	5:53.14	18.14	700m:	8:17.10	18.11
125m:	1:23.67	17.54	325m:	3:47.15	17.79	525m:	6:10.89	17.75	725m:	8:34.72	17.62
150m:	1:41.44	17.77	350m:	4:05.23	18.08	550m:	6:28.90	18.01	750m:	8:52.52	17.80
175m:	1:59.26	17.82	375m:	4:22.83	17.60	575m:	6:46.78	17.88	775m:	9:09.52	17.00
200m:	2:17.26	18.00	400m:	4:40.84	18.01	600m:	7:04.87	18.09	800m:	9:25.96	16.44



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20,		, 800m				(15-17)		R.T.		FINA		
11.				2007				+0,72	9:28.57		599	
	25m:	14.41	14.41	225m:	2:35.10	17.97	425m:	4:58.87	17.99	625m:	7:23.77	18.04
	50m:	30.77	16.36	250m:	2:52.92	17.82	450m:	5:16.84	17.97	650m:	7:41.71	17.94
	75m:	48.13	17.36	275m:	3:11.02	18.10	475m:	5:34.84	18.00	675m:	7:59.99	18.28
	100m:	1:05.86	17.73	300m:	3:29.00	17.98	500m:	5:52.92	18.08	700m:	8:18.20	18.21
	125m:	1:23.77	17.91	325m:	3:46.75	17.75	525m:	6:11.02	18.10	725m:	8:36.74	18.54
	150m:	1:41.42	17.65	350m:	4:04.84	18.09	550m:	6:29.31	18.29	750m:	8:55.00	18.26
	175m:	1:59.22	17.80	375m:	4:22.79	17.95	575m:	6:47.56	18.25	775m:	9:12.30	17.30
	200m:	2:17.13	17.91	400m:	4:40.88	18.09	600m:	7:05.73	18.17	800m:	9:28.57	16.27
12.				2005				+0,82	9:31.35		590	
	25m:	15.05	15.05	225m:	2:34.09	17.89	425m:	4:57.47	18.62	625m:	7:24.52	18.20
	50m:	31.34	16.29	250m:	2:51.68	17.59	450m:	5:15.76	18.29	650m:	7:42.77	18.25
	75m:	48.78	17.44	275m:	3:09.40	17.72	475m:	5:34.29	18.53	675m:	8:01.20	18.43
	100m:	1:06.12	17.34	300m:	3:27.01	17.61	500m:	5:52.53	18.24	700m:	8:19.40	18.20
	125m:	1:23.63	17.51	325m:	3:45.03	18.02	525m:	6:11.27	18.74	725m:	8:37.74	18.34
	150m:	1:40.90	17.27	350m:	4:02.70	17.67	550m:	6:29.64	18.37	750m:	8:55.96	18.22
	175m:	1:58.61	17.71	375m:	4:20.89	18.19	575m:	6:48.07	18.43	775m:	9:14.05	18.09
	200m:	2:16.20	17.59	400m:	4:38.85	17.96	600m:	7:06.32	18.25	800m:	9:31.35	17.30
13.				2005				+0,81	9:31.55		589	
	25m:	14.63	14.63	225m:	2:35.11	17.73	425m:	4:59.27	18.01	625m:	7:24.84	
	50m:	31.65	17.02	250m:	2:53.04	17.93	450m:	5:17.47	18.20	675m:	8:01.77	36.93
	75m:	48.83	17.18	275m:	3:11.00	17.96	475m:	5:35.73	18.26	700m:	8:20.44	18.67
	100m:	1:06.44	17.61	300m:	3:28.94	17.94	500m:	6:30.23	54.50	725m:	8:38.98	18.54
	125m:	1:23.98	17.54	325m:	3:46.85	17.91	525m:	6:12.06		750m:	8:56.91	17.93
	150m:	1:41.83	17.85	350m:	4:04.96	18.11	550m:	7:06.60	54.54	775m:	9:14.75	17.84
	175m:	1:59.52	17.69	375m:	4:22.74	17.78	575m:	6:48.38		800m:	9:31.55	16.80
	200m:	2:17.38	17.86	400m:	4:41.26	18.52	600m:	7:43.38	55.00			
14.				2006				+0,80	9:32.53		586	
	25m:	15.17	15.17	225m:	2:34.79	17.68	425m:	4:59.62	18.14	625m:	7:25.07	18.02
	50m:	31.91	16.74	250m:	2:52.86	18.07	450m:	5:17.94	18.32	650m:	7:43.79	18.72
	75m:	48.98	17.07	275m:	3:10.74	17.88	475m:	5:36.00	18.06	675m:	8:01.89	18.10
	100m:	1:06.52	17.54	300m:	3:28.87	18.13	500m:	5:54.36	18.36	700m:	8:20.68	18.79
	125m:	1:24.11	17.59	325m:	3:46.83	17.96	525m:	6:12.25	17.89	725m:	8:38.86	18.18
	150m:	1:41.75	17.64	350m:	4:04.98	18.15	550m:	6:30.60	18.35	750m:	8:57.10	18.24
	175m:	1:59.38	17.63	375m:	4:22.81	17.83	575m:	6:48.57	17.97	775m:	9:14.98	17.88
	200m:	2:17.11	17.73	400m:	4:41.48	18.67	600m:	7:07.05	18.48	800m:	9:32.53	17.55
15.				2006				+0,71	9:33.36		584	
	25m:	13.99	13.99	225m:	2:28.23	17.96	425m:	4:53.74	18.41	625m:	7:23.37	19.44
	50m:	29.55	15.56	250m:	2:46.24	18.01	450m:	5:11.68	17.94	650m:	7:41.87	18.50
	75m:	45.57	16.02	275m:	3:04.51	18.27	475m:	5:30.05	18.37	675m:	8:00.71	18.84
	100m:	1:01.97	16.40	300m:	3:22.66	18.15	500m:	5:48.43	18.38	700m:	8:19.34	18.63
	125m:	1:18.65	16.68	325m:	3:40.96	18.30	525m:	6:07.50	19.07	725m:	8:38.46	19.12
	150m:	1:35.54	16.89	350m:	3:58.81	17.85	550m:	6:26.10	18.60	750m:	8:57.06	18.60
	175m:	1:52.82	17.28	375m:	4:17.23	18.42	575m:	6:45.29	19.19	775m:	9:15.32	18.26
	200m:	2:10.27	17.45	400m:	4:35.33	18.10	600m:	7:03.93	18.64	800m:	9:33.36	18.04



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20, , 800m , (15-17)

							R.T.		FINA			
16.			2006				+0,75		9:34.55 I 580			
	25m:	14.72	14.72	225m:	2:31.11	17.32	425m:	4:56.50	18.59	650m:	7:44.94	18.80
	50m:	31.53	16.81	250m:	2:48.87	17.76	450m:	5:15.33	18.83	675m:	8:03.66	18.72
	75m:	48.23	16.70	275m:	3:06.42	17.55	475m:	5:34.02	18.69	700m:	8:22.43	18.77
	100m:	1:05.34	17.11	300m:	3:24.56	18.14	500m:	5:52.80	18.78	725m:	8:40.90	18.47
	125m:	1:22.36	17.02	325m:	3:42.52	17.96	525m:	6:11.47	18.67	750m:	8:59.33	18.43
	150m:	1:39.61	17.25	350m:	4:00.74	18.22	575m:	6:48.69	18.22	775m:	9:17.34	18.01
	175m:	1:56.58	16.97	375m:	4:19.09	18.35	600m:	7:07.47	18.78	800m:	9:34.55	17.21
	200m:	2:13.79	17.21	400m:	4:37.91	18.82	625m:	7:26.14	18.67			
17.			2007				+1,04		9:40.00 I 564			
	25m:	16.00	16.00	225m:	2:37.81	18.23	425m:	5:04.42	18.69	625m:	7:31.47	18.52
	50m:	32.99	16.99	250m:	2:55.61	17.80	450m:	5:22.69	18.27	650m:	7:50.03	18.56
	75m:	50.43	17.44	275m:	3:13.88	18.27	475m:	5:40.98	18.29	675m:	8:08.90	18.87
	100m:	1:08.05	17.62	300m:	3:32.19	18.31	500m:	5:59.25	18.27	700m:	8:27.20	18.30
	125m:	1:25.89	17.84	325m:	3:50.45	18.26	525m:	6:17.88	18.63	725m:	8:45.83	18.63
	150m:	1:43.69	17.80	350m:	4:08.66	18.21	550m:	6:36.36	18.48	750m:	9:04.28	18.45
	175m:	2:01.79	18.10	375m:	4:27.36	18.70	575m:	6:54.95	18.59	775m:	9:22.80	18.52
	200m:	2:19.58	17.79	400m:	4:45.73	18.37	600m:	7:12.95	18.00	800m:	9:40.00	17.20
18.			2007 1				+0,75		9:43.40 I 554			
	25m:	15.51	15.51	225m:	2:38.56	18.27	425m:	5:05.20	18.38	625m:	7:34.39	18.74
	50m:	32.17	16.66	250m:	2:56.45	17.89	450m:	5:23.89	18.69	650m:	7:53.02	18.63
	75m:	49.93	17.76	275m:	3:14.94	18.49	475m:	5:42.63	18.74	675m:	8:11.93	18.91
	100m:	1:07.50	17.57	300m:	3:33.20	18.26	500m:	6:01.39	18.76	700m:	8:30.21	18.28
	125m:	1:25.58	18.08	325m:	3:51.83	18.63	525m:	6:19.81	18.42	725m:	8:49.23	19.02
	150m:	1:43.54	17.96	350m:	4:09.89	18.06	550m:	6:38.31	18.50	750m:	9:07.57	18.34
	175m:	2:01.97	18.43	375m:	4:28.34	18.45	575m:	6:57.16	18.85	775m:	9:25.68	18.11
	200m:	2:20.29	18.32	400m:	4:46.82	18.48	600m:	7:15.65	18.49	800m:	9:43.40	17.72
19.			2007 1				+0,78		9:44.71 I 550			
	25m:	15.18	15.18	225m:	2:38.89	18.32	425m:	5:07.51	18.76	625m:	7:36.77	18.55
	50m:	32.49	17.31	250m:	2:57.43	18.54	450m:	5:25.96	18.45	650m:	7:55.59	18.82
	75m:	50.19	17.70	275m:	3:15.80	18.37	475m:	5:44.51	18.55	675m:	8:14.31	18.72
	100m:	1:08.10	17.91	300m:	3:34.27	18.47	500m:	6:03.10	18.59	700m:	8:33.06	18.75
	125m:	1:26.16	18.06	325m:	3:52.82	18.55	525m:	6:21.99	18.89	725m:	8:51.76	18.70
	150m:	1:44.24	18.08	350m:	4:11.50	18.68	550m:	6:40.67	18.68	750m:	9:10.19	18.43
	175m:	2:02.18	17.94	375m:	4:30.12	18.62	575m:	6:59.43	18.76	775m:	9:28.06	17.87
	200m:	2:20.57	18.39	400m:	4:48.75	18.63	600m:	7:18.22	18.79	800m:	9:44.71	16.65
20.			2007						9:46.88 I 544			
	25m:	15.66	15.66	225m:	2:41.86	18.61	425m:	5:11.24	18.81	625m:	7:39.62	18.63
	50m:	32.78	17.12	250m:	3:00.48	18.62	450m:	5:29.86	18.62	650m:	7:58.00	18.38
	75m:	50.65	17.87	275m:	3:19.29	18.81	475m:	5:48.47	18.61	675m:	8:16.64	18.64
	100m:	1:08.77	18.12	300m:	3:37.72	18.43	500m:	6:06.97	18.50	700m:	8:34.88	18.24
	125m:	1:27.36	18.59	325m:	3:56.49	18.77	525m:	6:25.55	18.58	725m:	8:53.42	18.54
	150m:	1:45.80	18.44	350m:	4:15.14	18.65	550m:	6:44.10	18.55	750m:	9:11.84	18.42
	175m:	2:04.73	18.93	375m:	4:33.94	18.80	575m:	7:02.79	18.69	775m:	9:29.76	17.92
	200m:	2:23.25	18.52	400m:	4:52.43	18.49	600m:	7:20.99	18.20	800m:	9:46.88	17.12



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, 25 - 28 2022

20, , 800m , (15-17)

							R.T.		FINA	
21.	2007						+0,85	9:53.24	I	527
	25m: 15.28	15.28	225m: 2:37.15	17.96	425m: 5:05.08	18.44	625m: 7:40.19	19.21		
	50m: 32.01	16.73	250m: 2:55.40	18.25	450m: 5:24.80	19.72	650m: 7:59.42	19.23		
	75m: 49.24	17.23	275m: 3:13.41	18.01	475m: 5:43.43	18.63	675m: 8:18.40	18.98		
	100m: 1:07.20	17.96	300m: 3:31.96	18.55	500m: 6:02.97	19.54	700m: 8:37.90	19.50		
	125m: 1:25.29	18.09	325m: 3:50.28	18.32	525m: 6:22.25	19.28	725m: 8:56.56	18.66		
	150m: 1:43.52	18.23	350m: 4:09.25	18.97	550m: 6:41.97	19.72	750m: 9:15.83	19.27		
	175m: 2:01.34	17.82	375m: 4:27.93	18.68	575m: 7:01.20	19.23	775m: 9:34.10	18.27		
	200m: 2:19.19	17.85	400m: 4:46.64	18.71	600m: 7:20.98	19.78	800m: 9:53.24	19.14		
22.	2006						+0,94	9:59.54	I	511
	25m: 15.56	15.56	250m: 2:58.28	18.63	475m: 5:46.03	37.12	700m: 8:40.60	20.28		
	50m: 1:08.45	52.89	275m: 3:16.62	18.34	500m: 6:05.06	19.03	725m: 9:00.59	19.99		
	75m: 50.55		300m: 3:35.23	18.61	525m: 6:23.90	18.84	750m: 9:20.72	20.13		
	125m: 1:26.49	35.94	325m: 3:53.83	18.60	550m: 6:43.03	19.13	775m: 9:40.72	20.00		
	150m: 1:44.63	18.14	350m: 4:12.62	18.79	575m: 7:01.97	18.94	800m: 9:59.54	18.82		
	175m: 2:02.91	18.28	375m: 4:31.47	18.85	600m: 7:21.61	19.64				
	200m: 2:21.38	18.47	400m: 4:50.22	18.75	625m: 7:40.94	19.33				
	225m: 2:39.65	18.27	425m: 5:08.91	18.69	675m: 8:20.32	39.38				
23.	2007 1						+0,82	10:00.49	I	508
	25m: 15.50	15.50	225m: 2:42.22	19.05	425m: 5:16.19	19.39	625m: 7:49.77	18.94		
	50m: 32.37	16.87	250m: 3:01.25	19.03	450m: 5:35.42	19.23	650m: 8:08.67	18.90		
	75m: 50.00	17.63	275m: 3:20.67	19.42	475m: 5:54.94	19.52	675m: 8:28.10	19.43		
	100m: 1:08.32	18.32	300m: 3:39.77	19.10	500m: 6:14.01	19.07	700m: 8:47.15	19.05		
	125m: 1:27.02	18.70	325m: 3:59.03	19.26	525m: 5:57.54		725m: 9:06.39	19.24		
	150m: 1:45.69	18.67	350m: 4:18.31	19.28	550m: 6:52.43	54.89	750m: 9:24.83	18.44		
	175m: 2:04.58	18.89	375m: 4:37.79	19.48	575m: 7:12.07	19.64	775m: 9:43.09	18.26		
	200m: 2:23.17	18.59	400m: 4:56.80	19.01	600m: 7:30.83	18.76	800m: 10:00.49	17.40		
24.	2007						+0,60	10:01.71	I	505
	25m: 15.94	15.94	225m: 2:43.31	19.10	425m: 5:15.33	19.06	625m: 7:49.31	19.19		
	50m: 33.50	17.56	250m: 3:02.11	18.80	450m: 5:34.56	19.23	650m: 8:08.96	19.65		
	75m: 51.50	18.00	275m: 3:21.01	18.90	475m: 5:53.80	19.24	675m: 8:28.15	19.19		
	100m: 1:09.82	18.32	300m: 3:40.15	19.14	500m: 6:13.04	19.24	700m: 8:47.56	19.41		
	125m: 1:28.20	18.38	325m: 3:59.11	18.96	525m: 6:32.70	19.66	725m: 9:06.55	18.99		
	150m: 1:46.82	18.62	350m: 4:18.12	19.01	550m: 6:51.74	19.04	750m: 9:25.41	18.86		
	175m: 2:05.39	18.57	375m: 4:37.07	18.95	575m: 7:10.80	19.06	775m: 9:43.98	18.57		
	200m: 2:24.21	18.82	400m: 4:56.27	19.20	600m: 7:30.12	19.32	800m: 10:01.71	17.73		
25.	2007 1						+0,76	10:11.34	I	482
	25m: 16.41	16.41	225m: 2:48.73	19.42	425m: 5:22.13	19.16	625m: 7:57.25	19.79		
	50m: 34.43	18.02	250m: 3:08.01	19.28	450m: 5:41.49	19.36	650m: 8:17.04	19.79		
	75m: 53.10	18.67	275m: 3:27.18	19.17	475m: 6:00.40	18.91	675m: 8:36.21	19.17		
	100m: 1:11.93	18.83	300m: 3:46.32	19.14	500m: 6:19.75	19.35	700m: 8:55.49	19.28		
	125m: 1:31.20	19.27	325m: 4:05.64	19.32	525m: 6:39.03	19.28	725m: 9:14.88	19.39		
	150m: 1:50.65	19.45	350m: 4:24.82	19.18	550m: 6:58.42	19.39	750m: 9:34.36	19.48		
	175m: 2:10.11	19.46	375m: 4:43.86	19.04	575m: 7:18.01	19.59	775m: 9:53.39	19.03		
	200m: 2:29.31	19.20	400m: 5:02.97	19.11	600m: 7:37.46	19.45	800m: 10:11.34	17.95		



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20, , 800m

20 , 800m

(13-14)

26.10.2022 - 12:56

: FINA 2021

	/					R.T.					FINA
1.	2008					+0,75 8:52.52					729
25m:	14.62	14.62	225m:	2:25.51	16.43	425m:	4:39.27	16.98	625m:	6:54.44	17.15
50m:	30.45	15.83	250m:	2:42.03	16.52	450m:	4:55.94	16.67	650m:	7:11.23	16.79
75m:	46.62	16.17	275m:	2:58.43	16.40	475m:	5:12.96	17.02	675m:	7:28.37	17.14
100m:	1:02.95	16.33	300m:	3:14.86	16.43	500m:	5:29.78	16.82	700m:	7:45.22	16.85
125m:	1:19.31	16.36	325m:	3:31.78	16.92	525m:	5:46.86	17.08	725m:	8:02.42	17.20
150m:	1:35.94	16.63	350m:	3:48.61	16.83	550m:	6:03.61	16.75	750m:	8:19.44	17.02
175m:	1:52.28	16.34	375m:	4:05.41	16.80	575m:	6:20.52	16.91	775m:	8:36.74	17.30
200m:	2:09.08	16.80	400m:	4:22.29	16.88	600m:	6:37.29	16.77	800m:	8:52.52	15.78
2.	2008					+0,84 9:02.99					687
25m:	15.29	15.29	225m:	2:30.08	17.30	425m:	4:47.05	17.17	625m:	7:04.51	17.32
50m:	31.62	16.33	250m:	2:47.01	16.93	450m:	5:04.24	17.19	650m:	7:21.76	17.25
75m:	48.15	16.53	275m:	3:04.21	17.20	475m:	5:21.25	17.01	675m:	7:38.94	17.18
100m:	1:05.01	16.86	300m:	3:21.38	17.17	500m:	5:38.54	17.29	700m:	7:56.38	17.44
125m:	1:21.84	16.83	325m:	3:38.56	17.18	525m:	5:55.80	17.26	725m:	8:13.26	16.88
150m:	1:39.05	17.21	350m:	3:55.67	17.11	550m:	6:12.94	17.14	750m:	8:30.21	16.95
175m:	1:56.01	16.96	375m:	4:12.88	17.21	575m:	6:30.07	17.13	775m:	8:47.00	16.79
200m:	2:12.78	16.77	400m:	4:29.88	17.00	600m:	6:47.19	17.12	800m:	9:02.99	15.99
3.	2008					+0,87 9:15.82					641
25m:	15.30	15.30	225m:	2:34.39	17.83	425m:	4:55.56	17.51	625m:	7:15.61	17.64
50m:	31.90	16.60	250m:	2:52.07	17.68	450m:	5:13.14	17.58	650m:	7:33.01	17.40
75m:	49.06	17.16	275m:	3:09.74	17.67	475m:	5:31.04	17.90	675m:	7:50.56	17.55
100m:	1:06.35	17.29	300m:	3:27.59	17.85	500m:	5:48.39	17.35	700m:	8:08.16	17.60
125m:	1:23.87	17.52	325m:	3:44.75	17.16	525m:	6:05.80	17.41	725m:	8:26.05	17.89
150m:	1:41.34	17.47	350m:	4:02.73	17.98	550m:	6:23.09	17.29	750m:	8:43.92	17.87
175m:	1:58.87	17.53	375m:	4:20.27	17.54	575m:	6:40.55	17.46	775m:	9:00.06	16.14
200m:	2:16.56	17.69	400m:	4:38.05	17.78	600m:	6:57.97	17.42	800m:	9:15.82	15.76
4.	2008					+0,76 9:18.96					630
25m:	14.99	14.99	225m:	2:33.92	17.65	425m:	4:54.48	17.38	625m:	7:17.33	17.90
50m:	31.54	16.55	250m:	2:51.32	17.40	450m:	5:12.61	18.13	650m:	7:35.40	18.07
75m:	48.54	17.00	275m:	3:08.88	17.56	475m:	5:30.45	17.84	675m:	7:52.57	17.17
100m:	1:05.91	17.37	300m:	3:26.51	17.63	500m:	5:48.18	17.73	700m:	8:10.90	18.33
125m:	1:23.34	17.43	325m:	3:43.99	17.48	525m:	6:05.81	17.63	725m:	8:28.84	17.94
150m:	1:40.89	17.55	350m:	4:01.85	17.86	550m:	6:23.83	18.02	750m:	8:46.30	17.46
175m:	1:58.36	17.47	375m:	4:19.30	17.45	575m:	6:41.62	17.79	775m:	9:02.93	16.63
200m:	2:16.27	17.91	400m:	4:37.10	17.80	600m:	6:59.43	17.81	800m:	9:18.96	16.03
5.	2009 1					+0,80 9:25.98					607
25m:	15.34	15.34	225m:	2:34.56	17.76	425m:	4:57.17	18.16	625m:	7:21.32	18.28
50m:	32.11	16.77	250m:	2:52.04	17.48	450m:	5:14.90	17.73	650m:	7:39.33	18.01
75m:	49.37	17.26	275m:	3:09.80	17.76	475m:	5:33.01	18.11	675m:	7:57.51	18.18
100m:	1:06.67	17.30	300m:	3:27.61	17.81	500m:	5:51.09	18.08	700m:	8:15.40	17.89
125m:	1:24.04	17.37	325m:	3:45.39	17.78	525m:	6:09.02	17.93	725m:	8:33.53	18.13
150m:	1:41.45	17.41	350m:	4:03.41	18.02	550m:	6:26.93	17.91	750m:	8:51.22	17.69
175m:	1:59.25	17.80	375m:	4:21.34	17.93	575m:	6:45.01	18.08	775m:	9:09.27	18.05
200m:	2:16.80	17.55	400m:	4:39.01	17.67	600m:	7:03.04	18.03	800m:	9:25.98	16.71



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, 25 - 28 2022

20, , 800m , (13-14)

						R.T.					FINA
6.	2009					+0,77 9:31.37					590
25m:	14.82	14.82	225m:	2:34.71	17.82	425m:	5:00.17	18.25	625m:	7:26.96	18.31
50m:	31.51	16.69	250m:	2:53.07	18.36	450m:	5:18.67	18.50	650m:	7:45.34	18.38
75m:	48.19	16.68	275m:	3:10.95	17.88	475m:	5:36.93	18.26	675m:	8:03.36	18.02
100m:	1:05.70	17.51	300m:	3:29.08	18.13	500m:	5:55.58	18.65	700m:	8:21.52	18.16
125m:	1:22.99	17.29	325m:	3:46.96	17.88	525m:	6:13.79	18.21	725m:	8:39.23	17.71
150m:	1:40.96	17.97	350m:	4:05.51	18.55	550m:	6:32.37	18.58	750m:	8:57.49	18.26
175m:	1:58.68	17.72	375m:	4:23.57	18.06	575m:	6:50.26	17.89	775m:	9:14.58	17.09
200m:	2:16.89	18.21	400m:	4:41.92	18.35	600m:	7:08.65	18.39	800m:	9:31.37	16.79
7.	2009					+0,84 9:33.00					585
25m:	15.01	15.01	225m:	2:32.66	17.80	425m:	4:57.92	18.48	625m:	7:25.42	18.64
50m:	30.84	15.83	250m:	2:50.62	17.96	450m:	5:15.73	17.81	650m:	7:43.59	18.17
75m:	47.74	16.90	275m:	3:08.81	18.19	475m:	5:34.33	18.60	675m:	8:02.17	18.58
100m:	1:05.14	17.40	300m:	3:26.83	18.02	500m:	5:52.52	18.19	700m:	8:20.56	18.39
125m:	1:22.44	17.30	325m:	3:45.01	18.18	525m:	6:11.15	18.63	725m:	8:39.39	18.83
150m:	1:39.71	17.27	350m:	4:03.04	18.03	550m:	6:29.57	18.42	750m:	8:57.65	18.26
175m:	1:57.41	17.70	375m:	4:21.41	18.37	575m:	6:48.32	18.75	775m:	9:15.74	18.09
200m:	2:14.86	17.45	400m:	4:39.44	18.03	600m:	7:06.78	18.46	800m:	9:33.00	17.26
8.	2008					+0,88 9:33.29					584
25m:	15.59	15.59	225m:	2:37.17	18.20	425m:	5:01.20	17.83	650m:	7:45.35	36.39
50m:	32.30	16.71	250m:	2:55.00	17.83	450m:	5:19.50	18.30	675m:	8:03.74	18.39
75m:	49.70	17.40	275m:	3:13.08	18.08	475m:	5:38.18	18.68	700m:	8:21.96	18.22
100m:	1:07.35	17.65	300m:	3:31.19	18.11	500m:	5:55.96	17.78	725m:	8:40.72	18.76
125m:	1:25.10	17.75	325m:	3:49.48	18.29	525m:	6:50.59	54.63	750m:	8:58.74	18.02
150m:	1:42.94	17.84	350m:	4:07.32	17.84	550m:	6:32.32		775m:	9:15.76	17.02
175m:	2:01.02	18.08	375m:	4:25.88	18.56	575m:	7:27.42	55.10	800m:	9:33.29	17.53
200m:	2:18.97	17.95	400m:	4:43.37	17.49	600m:	7:08.96				
9.	2009					+0,68 9:33.70					583
25m:	15.59	15.59	225m:	2:40.20	18.01	425m:	5:05.01	18.25	625m:	7:30.09	18.05
50m:	33.36	17.77	250m:	2:58.38	18.18	450m:	5:23.24	18.23	650m:	7:48.33	18.24
75m:	51.25	17.89	275m:	3:16.30	17.92	475m:	5:41.70	18.46	675m:	8:06.74	18.41
100m:	1:09.34	18.09	300m:	3:34.57	18.27	500m:	5:59.80	18.10	700m:	8:24.44	17.70
125m:	1:27.28	17.94	325m:	3:52.62	18.05	525m:	6:18.05	18.25	725m:	8:42.16	17.72
150m:	1:45.61	18.33	350m:	4:10.75	18.13	550m:	6:36.26	18.21	750m:	8:59.76	17.60
175m:	2:03.93	18.32	375m:	4:28.75	18.00	575m:	6:54.10	17.84	775m:	9:16.96	17.20
200m:	2:22.19	18.26	400m:	4:46.76	18.01	600m:	7:12.04	17.94	800m:	9:33.70	16.74
10.	2009					+0,84 9:36.39					575
25m:	15.90	15.90	225m:	2:41.34	18.43	425m:	5:08.17	18.48	625m:	7:33.62	18.19
50m:	33.15	17.25	250m:	2:59.66	18.32	450m:	5:26.50	18.33	650m:	7:51.62	18.00
75m:	51.18	18.03	275m:	3:18.27	18.61	475m:	5:44.75	18.25	675m:	8:09.66	18.04
100m:	1:09.36	18.18	300m:	3:36.45	18.18	500m:	6:02.93	18.18	700m:	8:27.59	17.93
125m:	1:27.85	18.49	325m:	3:54.89	18.44	525m:	6:21.12	18.19	725m:	8:45.36	17.77
150m:	1:46.15	18.30	350m:	4:13.01	18.12	550m:	6:39.14	18.02	750m:	9:03.19	17.83
175m:	2:04.78	18.63	375m:	4:31.45	18.44	575m:	6:57.44	18.30	775m:	9:20.37	17.18
200m:	2:22.91	18.13	400m:	4:49.69	18.24	600m:	7:15.43	17.99	800m:	9:36.39	16.02



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, 25 - 28 2022

20, , 800m , (13-14)

							R.T.			FINA		
11.	2009 1						+0,72 9:36.63 I			574		
	25m: 15.37	15.37	225m: 2:35.63	17.75	425m: 5:00.81	18.08	625m: 7:28.78	18.70				
	50m: 31.84	16.47	250m: 2:53.66	18.03	450m: 5:19.32	18.51	650m: 7:47.33	18.55				
	75m: 48.94	17.10	275m: 3:11.80	18.14	475m: 5:37.92	18.60	675m: 8:05.95	18.62				
	100m: 1:06.27	17.33	300m: 3:29.77	17.97	500m: 5:56.42	18.50	700m: 8:24.63	18.68				
	125m: 1:23.97	17.70	325m: 3:47.96	18.19	525m: 6:14.56	18.14	725m: 8:42.91	18.28				
	150m: 1:41.99	18.02	350m: 4:06.12	18.16	550m: 6:33.26	18.70	750m: 9:01.41	18.50				
	175m: 1:59.93	17.94	375m: 4:24.33	18.21	575m: 6:51.29	18.03	775m: 9:19.81	18.40				
	200m: 2:17.88	17.95	400m: 4:42.73	18.40	600m: 7:10.08	18.79	800m: 9:36.63	16.82				
12.	2009						+0,62 9:37.61 I			571		
	25m: 15.76	15.76	225m: 2:40.67	18.28	425m: 5:05.99	17.88	625m: 7:33.06	18.69				
	50m: 33.17	17.41	250m: 2:58.90	18.23	450m: 5:24.46	18.47	650m: 7:51.53	18.47				
	75m: 50.94	17.77	275m: 3:17.27	18.37	475m: 5:42.73	18.27	675m: 8:09.29	17.76				
	100m: 1:09.50	18.56	300m: 3:35.28	18.01	500m: 6:01.05	18.32	700m: 8:27.62	18.33				
	125m: 1:27.44	17.94	325m: 3:53.40	18.12	525m: 6:19.06	18.01	725m: 8:45.61	17.99				
	150m: 1:45.70	18.26	350m: 4:11.46	18.06	550m: 6:37.31	18.25	750m: 9:04.33	18.72				
	175m: 2:03.77	18.07	375m: 4:30.00	18.54	575m: 6:55.79	18.48	775m: 9:21.27	16.94				
	200m: 2:22.39	18.62	400m: 4:48.11	18.11	600m: 7:14.37	18.58	800m: 9:37.61	16.34				
13.	2008						+0,74 9:37.71 I			571		
	25m: 16.13	16.13	225m: 2:38.54	18.12	425m: 5:04.44	18.25	625m: 7:30.57	18.34				
	50m: 33.29	17.16	250m: 2:56.75	18.21	450m: 5:22.62	18.18	650m: 7:48.86	18.29				
	75m: 50.70	17.41	275m: 3:15.05	18.30	475m: 5:40.93	18.31	675m: 8:07.31	18.45				
	100m: 1:08.49	17.79	300m: 3:33.20	18.15	500m: 5:59.39	18.46	700m: 8:25.64	18.33				
	125m: 1:26.25	17.76	325m: 3:51.49	18.29	525m: 6:17.52	18.13	725m: 8:44.17	18.53				
	150m: 1:44.23	17.98	350m: 4:09.64	18.15	550m: 6:35.76	18.24	750m: 9:02.70	18.53				
	175m: 2:02.32	18.09	375m: 4:27.89	18.25	575m: 6:54.10	18.34	775m: 9:20.53	17.83				
	200m: 2:20.42	18.10	400m: 4:46.19	18.30	600m: 7:12.23	18.13	800m: 9:37.71	17.18				
14.	2009 1						+0,79 9:41.49 I			560		
	25m: 15.70	15.70	225m: 2:39.17	18.11	425m: 5:06.18	18.29	625m: 7:34.47	19.13				
	50m: 32.86	17.16	250m: 2:57.22	18.05	450m: 5:24.00	17.82	650m: 7:52.97	18.50				
	75m: 51.00	18.14	275m: 3:16.03	18.81	475m: 5:42.64	18.64	675m: 8:11.86	18.89				
	100m: 1:08.87	17.87	300m: 3:34.33	18.30	500m: 6:00.88	18.24	700m: 8:29.98	18.12				
	125m: 1:27.13	18.26	325m: 3:52.87	18.54	525m: 6:19.29	18.41	725m: 8:48.82	18.84				
	150m: 1:45.10	17.97	350m: 4:11.07	18.20	550m: 6:37.97	18.68	750m: 9:07.05	18.23				
	175m: 2:03.26	18.16	375m: 4:29.52	18.45	575m: 6:56.73	18.76	775m: 9:25.03	17.98				
	200m: 2:21.06	17.80	400m: 4:47.89	18.37	600m: 7:15.34	18.61	800m: 9:41.49	16.46				
15.	2008						+0,77 9:47.77 I			542		
	25m: 15.30	15.30	225m: 2:40.67	18.37	425m: 5:10.17	18.40	650m: 7:58.82	19.17				
	50m: 32.65	17.35	250m: 2:59.20	18.53	450m: 5:29.03	18.86	675m: 8:17.17	18.35				
	75m: 50.26	17.61	275m: 3:17.99	18.79	475m: 5:47.65	18.62	700m: 8:35.39	18.22				
	100m: 1:08.49	18.23	300m: 3:36.68	18.69	500m: 6:06.43	18.78	725m: 8:53.68	18.29				
	125m: 1:26.93	18.44	325m: 3:55.24	18.56	525m: 6:24.86	18.43	750m: 9:12.02	18.34				
	150m: 1:45.40	18.47	350m: 4:14.30	19.06	550m: 6:43.71	18.85	775m: 9:30.07	18.05				
	175m: 2:03.72	18.32	375m: 4:33.00	18.70	575m: 7:02.25	18.54	800m: 9:47.77	17.70				
	200m: 2:22.30	18.58	400m: 4:51.77	18.77	625m: 7:39.65	37.40						



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20, , 800m , (13-14)

							R.T.		FINA	
16.	2009						+1,03	9:51.30	I	532
	25m: 15.95	15.95	225m: 2:41.13	18.97	425m: 5:10.42	18.81	625m: 7:41.57	19.09		
	50m: 32.68	16.73	250m: 2:59.95	18.82	450m: 5:29.06	18.64	650m: 8:00.29	18.72		
	75m: 50.31	17.63	275m: 3:18.63	18.68	475m: 5:47.99	18.93	675m: 8:19.24	18.95		
	100m: 1:08.41	18.10	300m: 3:37.24	18.61	500m: 6:06.61	18.62	700m: 8:37.80	18.56		
	125m: 1:26.59	18.18	325m: 3:55.74	18.50	525m: 6:25.58	18.97	725m: 8:56.68	18.88		
	150m: 1:44.77	18.18	350m: 4:14.37	18.63	550m: 6:44.73	19.15	750m: 9:15.21	18.53		
	175m: 2:03.38	18.61	375m: 4:32.92	18.55	575m: 7:03.68	18.95	775m: 9:33.53	18.32		
	200m: 2:22.16	18.78	400m: 4:51.61	18.69	600m: 7:22.48	18.80	800m: 9:51.30	17.77		
17.	2009 1						+0,84	9:51.58	I	531
	25m: 15.74	15.74	225m: 2:43.17	18.60	425m: 5:13.03	18.97	625m: 7:42.64	18.76		
	50m: 33.12	17.38	250m: 3:01.73	18.56	450m: 5:31.82	18.79	650m: 8:01.59	18.95		
	75m: 51.41	18.29	275m: 3:20.15	18.42	475m: 5:50.31	18.49	675m: 8:20.33	18.74		
	100m: 1:10.04	18.63	300m: 3:38.86	18.71	500m: 6:08.91	18.60	700m: 8:39.02	18.69		
	125m: 1:28.47	18.43	325m: 3:57.55	18.69	525m: 6:27.55	18.64	725m: 8:57.44	18.42		
	150m: 1:46.99	18.52	350m: 4:16.35	18.80	550m: 6:46.24	18.69	750m: 9:16.13	18.69		
	175m: 2:05.69	18.70	375m: 4:35.26	18.91	575m: 7:05.08	18.84	775m: 9:34.26	18.13		
	200m: 2:24.57	18.88	400m: 4:54.06	18.80	600m: 7:23.88	18.80	800m: 9:51.58	17.32		
18.	2009 1						+0,71	9:54.09	I	525
	25m: 14.84	14.84	225m: 2:42.59	18.80	425m: 5:12.48	18.37	625m: 7:43.04	19.06		
	50m: 31.85	17.01	250m: 3:01.34	18.75	450m: 5:31.13	18.65	650m: 8:01.41	18.37		
	75m: 49.88	18.03	275m: 3:19.95	18.61	475m: 5:49.68	18.55	675m: 8:20.98	19.57		
	100m: 1:08.86	18.98	300m: 3:38.67	18.72	500m: 6:08.35	18.67	700m: 8:39.67	18.69		
	125m: 1:27.60	18.74	325m: 3:57.27	18.60	525m: 6:27.33	18.98	725m: 8:58.35	18.68		
	150m: 1:46.18	18.58	350m: 4:16.41	19.14	550m: 6:46.87	19.54	750m: 9:16.83	18.48		
	175m: 2:05.07	18.89	375m: 4:35.17	18.76	575m: 7:05.39	18.52	775m: 9:36.06	19.23		
	200m: 2:23.79	18.72	400m: 4:54.11	18.94	600m: 7:23.98	18.59	800m: 9:54.09	18.03		
19.	2008						+0,67	9:54.94	I	523
	25m: 15.02	15.02	225m: 2:42.06	18.75	425m: 5:13.00	18.81	625m: 7:46.30	19.16		
	50m: 32.00	16.98	250m: 3:00.45	18.39	450m: 5:32.01	19.01	650m: 8:05.00	18.70		
	75m: 49.48	17.48	275m: 3:19.22	18.77	475m: 5:51.42	19.41	675m: 8:23.67	18.67		
	100m: 1:08.10	18.62	300m: 3:37.98	18.76	500m: 6:10.83	19.41	700m: 8:42.10	18.43		
	125m: 1:26.74	18.64	325m: 3:57.01	19.03	525m: 6:30.25	19.42	725m: 9:00.71	18.61		
	150m: 1:45.63	18.89	350m: 4:15.95	18.94	550m: 6:48.90	18.65	750m: 9:19.44	18.73		
	175m: 2:04.42	18.79	375m: 4:34.94	18.99	575m: 7:07.77	18.87	775m: 9:38.14	18.70		
	200m: 2:23.31	18.89	400m: 4:54.19	19.25	600m: 7:27.14	19.37	800m: 9:54.94	16.80		
20.	2009 1						+0,78	9:55.39	I	521
	25m: 15.12	15.12	225m: 2:41.39	18.33	425m: 5:10.45	18.56	625m: 7:42.47	18.87		
	50m: 32.87	17.75	250m: 2:59.78	18.39	450m: 5:29.38	18.93	650m: 8:01.94	19.47		
	75m: 51.27	18.40	275m: 3:17.99	18.21	475m: 5:48.05	18.67	675m: 8:21.10	19.16		
	100m: 1:09.58	18.31	300m: 3:36.75	18.76	500m: 6:07.20	19.15	700m: 8:40.47	19.37		
	125m: 1:27.78	18.20	325m: 3:55.32	18.57	525m: 6:26.08	18.88	725m: 8:59.29	18.82		
	150m: 1:46.10	18.32	350m: 4:14.23	18.91	550m: 6:45.26	19.18	750m: 9:18.43	19.14		
	175m: 2:04.52	18.42	375m: 4:32.88	18.65	575m: 7:04.23	18.97	775m: 9:37.23	18.80		
	200m: 2:23.06	18.54	400m: 4:51.89	19.01	600m: 7:23.60	19.37	800m: 9:55.39	18.16		



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20, , 800m , (13-14)

							R.T.	FINA		
21.	2008 1						+0,78	9:55.42	I	521
	25m: 15.28	15.28	225m: 2:42.17	18.87	425m: 5:13.25	18.87	625m: 7:44.21	18.87		18.87
	50m: 32.29	17.01	250m: 3:00.52	18.35	450m: 5:31.93	18.68	650m: 8:02.97	18.76		18.76
	75m: 50.06	17.77	275m: 3:19.41	18.89	475m: 5:51.20	19.27	675m: 8:22.07	19.10		19.10
	100m: 1:08.21	18.15	300m: 3:38.16	18.75	500m: 6:10.08	18.88	700m: 8:40.64	18.57		18.57
	125m: 1:26.87	18.66	325m: 3:56.99	18.83	525m: 6:29.00	18.92	725m: 8:59.37	18.73		18.73
	150m: 1:45.54	18.67	350m: 4:15.87	18.88	550m: 6:47.50	18.50	750m: 9:18.06	18.69		18.69
	175m: 2:04.54	19.00	375m: 4:35.25	19.38	575m: 7:06.67	19.17	775m: 9:37.41	19.35		19.35
	200m: 2:23.30	18.76	400m: 4:54.38	19.13	600m: 7:25.34	18.67	800m: 9:55.42	18.01		18.01
22.	2009 1						+0,90	9:55.49	I	521
	25m: 15.23	15.23	225m: 2:41.38	19.05	425m: 5:13.18	19.04	625m: 7:43.38	19.20		19.20
	50m: 31.91	16.68	250m: 3:00.40	19.02	450m: 5:31.58	18.40	650m: 8:02.45	19.07		19.07
	75m: 49.55	17.64	275m: 3:19.77	19.37	475m: 5:50.14	18.56	675m: 8:21.48	19.03		19.03
	100m: 1:07.69	18.14	300m: 3:38.58	18.81	500m: 6:08.78	18.64	700m: 8:40.73	19.25		19.25
	125m: 1:26.56	18.87	325m: 3:57.58	19.00	525m: 6:27.73	18.95	725m: 9:00.18	19.45		19.45
	150m: 1:44.87	18.31	350m: 4:16.56	18.98	550m: 6:46.33	18.60	750m: 9:18.90	18.72		18.72
	175m: 2:03.68	18.81	375m: 4:35.46	18.90	575m: 7:05.23	18.90	775m: 9:37.74	18.84		18.84
	200m: 2:22.33	18.65	400m: 4:54.14	18.68	600m: 7:24.18	18.95	800m: 9:55.49	17.75		17.75
23.	2009 1						+0,80	9:55.53	I	521
	25m: 15.72	15.72	225m: 2:41.79	18.66	425m: 5:12.32	19.01	625m: 7:43.99	19.22		19.22
	50m: 32.91	17.19	250m: 3:00.49	18.70	450m: 5:31.12	18.80	650m: 8:03.19	19.20		19.20
	75m: 50.81	17.90	275m: 3:19.30	18.81	475m: 5:50.24	19.12	675m: 8:22.32	19.13		19.13
	100m: 1:09.04	18.23	300m: 3:38.15	18.85	500m: 6:09.11	18.87	700m: 8:41.76	19.44		19.44
	125m: 1:27.53	18.49	325m: 3:56.89	18.74	525m: 6:27.61	18.50	725m: 9:00.73	18.97		18.97
	150m: 1:45.96	18.43	350m: 4:15.77	18.88	550m: 6:46.60	18.99	750m: 9:19.82	19.09		19.09
	175m: 2:04.53	18.57	375m: 4:34.48	18.71	575m: 7:05.44	18.84	775m: 9:38.38	18.56		18.56
	200m: 2:23.13	18.60	400m: 4:53.31	18.83	600m: 7:24.77	19.33	800m: 9:55.53	17.15		17.15
24.	2009						+0,75	9:58.79	I	512
	25m: 15.80	15.80	225m: 2:43.89	19.20	425m: 5:14.34	18.72	625m: 7:46.93	19.04		19.04
	50m: 33.33	17.53	250m: 3:03.05	19.16	450m: 5:33.33	18.99	650m: 8:07.39	20.46		20.46
	75m: 51.56	18.23	275m: 3:21.89	18.84	475m: 5:52.38	19.05	675m: 8:26.20	18.81		18.81
	100m: 1:09.86	18.30	300m: 3:40.70	18.81	500m: 6:11.24	18.86	700m: 8:45.72	19.52		19.52
	125m: 1:28.60	18.74	325m: 3:59.28	18.58	525m: 6:30.25	19.01	725m: 9:04.39	18.67		18.67
	150m: 1:46.97	18.37	350m: 4:18.07	18.79	550m: 6:49.37	19.12	750m: 9:23.50	19.11		19.11
	175m: 2:05.92	18.95	375m: 4:36.70	18.63	575m: 7:08.77	19.40	775m: 9:41.57	18.07		18.07
	200m: 2:24.69	18.77	400m: 4:55.62	18.92	600m: 7:27.89	19.12	800m: 9:58.79	17.22		17.22
25.	2009 1						+0,84	10:07.00	I	492
	25m: 15.35	15.35	225m: 2:41.38	19.14	425m: 5:15.50	19.66	625m: 7:51.11	19.55		19.55
	50m: 31.99	16.64	250m: 3:00.47	19.09	450m: 5:34.88	19.38	650m: 8:10.91	19.80		19.80
	75m: 49.48	17.49	275m: 3:19.73	19.26	475m: 5:54.13	19.25	675m: 8:30.75	19.84		19.84
	100m: 1:07.56	18.08	300m: 3:38.85	19.12	500m: 6:13.61	19.48	700m: 8:50.84	20.09		20.09
	125m: 1:26.20	18.64	325m: 3:58.21	19.36	525m: 6:33.00	19.39	725m: 9:10.08	19.24		19.24
	150m: 1:44.66	18.46	350m: 4:17.47	19.26	550m: 6:52.54	19.54	750m: 9:29.61	19.53		19.53
	175m: 2:03.50	18.84	375m: 4:36.59	19.12	575m: 7:12.20	19.66	775m: 9:48.84	19.23		19.23
	200m: 2:22.24	18.74	400m: 4:55.84	19.25	600m: 7:31.56	19.36	800m: 10:07.00	18.16		18.16



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20, , 800m , (13-14)

					R.T.				FINA	
26.	2009 1				+0,65 10:09.14				487	
	25m: 15.67	15.67	225m: 2:44.97	19.04	425m: 5:18.88	19.31	625m: 7:54.16	19.19		
	50m: 33.63	17.96	250m: 3:03.95	18.98	450m: 5:38.51	19.63	650m: 8:13.84	19.68		
	75m: 51.88	18.25	275m: 3:22.74	18.79	475m: 5:57.92	19.41	675m: 8:33.25	19.41		
	100m: 1:10.48	18.60	300m: 3:42.01	19.27	500m: 6:17.56	19.64	700m: 8:52.71	19.46		
	125m: 1:29.17	18.69	325m: 4:01.26	19.25	525m: 6:36.89	19.33	725m: 9:11.97	19.26		
	150m: 1:48.11	18.94	350m: 4:20.77	19.51	550m: 6:56.36	19.47	750m: 9:31.40	19.43		
	175m: 2:07.00	18.89	375m: 4:40.03	19.26	575m: 7:15.51	19.15	775m: 9:50.51	19.11		
	200m: 2:25.93	18.93	400m: 4:59.57	19.54	600m: 7:34.97	19.46	800m: 10:09.14	18.63		
27.	2008 1				+0,90 10:10.66				483	
	25m: 15.91	15.91	225m: 2:44.19	19.25	425m: 5:18.95	19.74	625m: 7:55.59	19.93		
	50m: 33.15	17.24	250m: 3:03.34	19.15	450m: 5:38.14	19.19	650m: 8:15.26	19.67		
	75m: 51.16	18.01	275m: 3:22.71	19.37	475m: 5:57.65	19.51	675m: 8:34.85	19.59		
	100m: 1:09.48	18.32	300m: 3:41.64	18.93	500m: 6:17.22	19.57	700m: 8:54.87	20.02		
	125m: 1:28.28	18.80	325m: 4:01.21	19.57	525m: 6:36.94	19.72	725m: 9:14.99	20.12		
	150m: 1:47.03	18.75	350m: 4:20.24	19.03	550m: 6:56.37	19.43	750m: 9:34.53	19.54		
	175m: 2:06.12	19.09	375m: 4:39.72	19.48	575m: 7:16.03	19.66	775m: 9:53.63	19.10		
	200m: 2:24.94	18.82	400m: 4:59.21	19.49	600m: 7:35.66	19.63	800m: 10:10.66	17.03		
28.	2008 1				+0,72 10:11.07				482	
	25m: 15.68	15.68	225m: 2:48.03	19.29	425m: 5:23.81	19.12	625m: 7:57.75	19.24		
	50m: 33.64	17.96	250m: 3:07.64	19.61	450m: 5:43.61	19.80	650m: 8:17.48	19.73		
	75m: 51.83	18.19	275m: 3:26.75	19.11	475m: 6:02.32	18.71	675m: 8:36.87	19.39		
	100m: 1:10.75	18.92	300m: 3:46.39	19.64	500m: 6:21.41	19.09	700m: 8:56.01	19.14		
	125m: 1:29.93	19.18	325m: 4:05.94	19.55	525m: 6:41.01	19.60	725m: 9:15.45	19.44		
	150m: 1:49.79	19.86	350m: 4:25.75	19.81	550m: 7:00.18	19.17	750m: 9:34.44	18.99		
	175m: 2:09.39	19.60	375m: 4:45.13	19.38	575m: 7:19.24	19.06	775m: 9:53.20	18.76		
	200m: 2:28.74	19.35	400m: 5:04.69	19.56	600m: 7:38.51	19.27	800m: 10:11.07	17.87		
29.	2008 1				+0,61 10:11.42				481	
	25m: 15.48	15.48	225m: 2:45.63	19.13	425m: 5:20.72	19.54	625m: 7:57.66	19.44		
	50m: 33.16	17.68	250m: 3:05.02	19.39	450m: 5:40.55	19.83	650m: 8:17.17	19.51		
	75m: 51.61	18.45	275m: 3:24.10	19.08	475m: 6:00.17	19.62	675m: 8:36.77	19.60		
	100m: 1:10.52	18.91	300m: 3:43.46	19.36	500m: 6:19.74	19.57	700m: 8:56.44	19.67		
	125m: 1:28.94	18.42	325m: 4:02.85	19.39	525m: 6:39.28	19.54	725m: 9:15.59	19.15		
	150m: 1:48.22	19.28	350m: 4:22.46	19.61	550m: 6:58.99	19.71	750m: 9:34.82	19.23		
	175m: 2:07.17	18.95	375m: 4:41.59	19.13	575m: 7:18.37	19.38	775m: 9:53.71	18.89		
	200m: 2:26.50	19.33	400m: 5:01.18	19.59	600m: 7:38.22	19.85	800m: 10:11.42	17.71		
30.	2009 1				+0,91 10:11.90				480	
	25m: 16.15	16.15	225m: 3:21.56	19.22	425m: 5:56.24	19.66	650m: 8:54.83	19.72		
	50m: 33.19	17.04	250m: 3:40.55	18.99	450m: 6:15.72	19.48	675m: 9:14.42	19.59		
	75m: 51.22	18.03	275m: 3:59.60	19.05	475m: 6:36.29	20.57	700m: 9:34.16	19.74		
	100m: 1:09.67	18.45	300m: 4:18.60	19.00	500m: 6:56.09	19.80	725m: 9:53.51	19.35		
	125m: 1:28.22	18.55	325m: 4:38.15	19.55	525m: 7:15.39	19.30	750m: 10:11.90	18.39		
	150m: 1:46.97	18.75	350m: 4:57.13	18.98	550m: 7:35.39	20.00	800m: 10:11.90			
	175m: 2:43.33	56.36	375m: 5:16.33	19.20	600m: 8:15.35	39.96				
	200m: 3:02.34	19.01	400m: 5:36.58	20.25	625m: 8:35.11	19.76				



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20, , 800m , (13-14)

							R.T.		FINA		
31.	2009 1						+0,61 10:20.23		461		
25m:	16.59	16.59	225m:	2:47.53	18.84	425m:	5:23.07	18.86	625m:	8:02.80	19.28
50m:	34.83	18.24	250m:	3:06.98	19.45	450m:	5:42.99	19.92	650m:	8:22.59	19.79
75m:	53.60	18.77	275m:	3:26.41	19.43	475m:	6:03.03	20.04	675m:	8:42.47	19.88
100m:	1:12.78	19.18	300m:	3:46.13	19.72	500m:	6:22.78	19.75	700m:	9:02.72	20.25
125m:	1:31.53	18.75	325m:	4:05.23	19.10	525m:	6:42.93	20.15	725m:	9:22.62	19.90
150m:	1:50.53	19.00	350m:	4:24.99	19.76	550m:	7:03.53	20.60	750m:	9:42.71	20.09
175m:	2:09.33	18.80	375m:	4:44.37	19.38	575m:	7:23.49	19.96	775m:	10:01.79	19.08
200m:	2:28.69	19.36	400m:	5:04.21	19.84	600m:	7:43.52	20.03	800m:	10:20.23	18.44
32.	2009 1						+0,62 10:20.34		461		
25m:	15.75	15.75	225m:	2:49.62	19.80	425m:	5:28.89	20.64	625m:	8:06.72	
50m:	34.03	18.28	250m:	3:09.40	19.78	450m:	5:48.33	19.44	675m:	9:24.67	1:17.95
75m:	52.98	18.95	275m:	3:29.53	20.13	475m:	6:08.18	19.85	700m:	9:05.28	
100m:	1:11.85	18.87	300m:	3:49.24	19.71	500m:	6:27.88	19.70	725m:	10:02.91	57.63
125m:	1:31.26	19.41	325m:	4:09.23	19.99	525m:	6:48.14	20.26	750m:	9:43.85	
150m:	1:50.27	19.01	350m:	4:28.91	19.68	550m:	7:07.89	19.75	800m:	10:20.34	36.49
175m:	2:10.18	19.91	375m:	4:48.53	19.62	575m:	7:27.67	19.78			
200m:	2:29.82	19.64	400m:	5:08.25	19.72	600m:	8:26.13	58.46			
33.	2009 1						+0,68 10:20.42		461		
25m:	15.71	15.71	225m:	2:49.25	19.63	425m:	5:26.55	19.90	625m:	8:44.03	20.27
50m:	33.50	17.79	250m:	3:08.78	19.53	450m:	5:46.13	19.58	650m:	9:03.58	19.55
75m:	52.41	18.91	275m:	3:28.57	19.79	475m:	6:06.09	19.96	675m:	9:23.30	19.72
100m:	1:11.65	19.24	300m:	3:47.92	19.35	500m:	7:04.84	58.75	700m:	9:42.87	19.57
125m:	1:30.99	19.34	325m:	4:07.56	19.64	525m:	7:24.48	19.64	725m:	10:02.55	19.68
150m:	1:50.49	19.50	350m:	4:27.38	19.82	550m:	7:43.87	19.39	750m:	10:20.42	17.87
175m:	2:09.77	19.28	375m:	4:46.88	19.50	575m:	8:04.15	20.28	800m:	10:20.42	
200m:	2:29.62	19.85	400m:	5:06.65	19.77	600m:	8:23.76	19.61			
34.	2008						+0,83 10:33.60		432		
25m:	15.93	15.93	225m:	2:47.32	19.52	425m:	5:27.44	20.27	625m:	8:11.07	20.59
50m:	33.70	17.77	250m:	3:07.30	19.98	450m:	5:47.69	20.25	650m:	8:31.75	20.68
75m:	51.95	18.25	275m:	3:27.16	19.86	475m:	6:07.84	20.15	675m:	8:52.69	20.94
100m:	1:10.86	18.91	300m:	3:47.03	19.87	500m:	6:28.24	20.40	700m:	9:13.28	20.59
125m:	1:29.85	18.99	325m:	4:06.89	19.86	525m:	6:48.68	20.44	725m:	9:33.97	20.69
150m:	1:49.16	19.31	350m:	4:26.92	20.03	550m:	7:09.26	20.58	750m:	9:54.49	20.52
175m:	2:08.32	19.16	375m:	4:46.93	20.01	575m:	7:29.83	20.57	775m:	10:14.31	19.82
200m:	2:27.80	19.48	400m:	5:07.17	20.24	600m:	7:50.48	20.65	800m:	10:33.60	19.29
35.	2009 1						+0,91 10:39.47		421		
25m:	16.22	16.22	225m:	2:57.72	20.88	425m:	5:42.14	20.47	625m:	8:25.63	20.52
50m:	34.33	18.11	250m:	3:18.30	20.58	450m:	6:03.19	21.05	650m:	8:46.27	20.64
75m:	53.24	18.91	275m:	3:38.40	20.10	475m:	6:23.69	20.50	675m:	9:06.39	20.12
100m:	1:13.38	20.14	300m:	3:59.26	20.86	500m:	6:44.08	20.39	700m:	9:25.63	19.24
125m:	1:33.76	20.38	325m:	4:20.16	20.90	525m:	7:04.87	20.79	725m:	9:44.78	19.15
150m:	1:54.53	20.77	350m:	4:40.90	20.74	550m:	7:24.60	19.73	750m:	10:03.60	18.82
175m:	2:15.23	20.70	375m:	5:01.31	20.41	575m:	7:44.77	20.17	775m:	10:21.88	18.28
200m:	2:36.84	21.61	400m:	5:21.67	20.36	600m:	8:05.11	20.34	800m:	10:39.47	17.59



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20, , 800m , (13-14)

								R.T.		FINA		
36.			2009	1				+0,94	10:49.74	401		
	25m:	16.17	16.17	225m:	2:54.66	20.81	450m:	5:59.73	20.30	700m:	9:28.35	20.79
	50m:	33.97	17.80	250m:	3:15.32	20.66	525m:	7:02.41	1:02.68	725m:	9:48.85	20.50
	75m:	53.05	19.08	275m:	4:16.57	1:01.25	550m:	7:22.30	19.89	750m:	10:09.60	20.75
	100m:	1:12.34	19.29	300m:	3:55.85		575m:	7:43.82	21.52	775m:	10:29.60	20.00
	125m:	1:32.63	20.29	325m:	4:58.96	1:03.11	600m:	8:04.70	20.88	800m:	10:49.74	20.14
	150m:	1:52.61	19.98	350m:	4:37.19		625m:	8:26.28	21.58			
	175m:	2:13.70	21.09	400m:	5:18.96	41.77	650m:	8:47.06	20.78			
	200m:	2:33.85	20.15	425m:	5:39.43	20.47	675m:	9:07.56	20.50			

